

# ROCKY RIDGE

September 2025

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## Positive Thinking Day

Positive Thinking Day is on September 13 on the National Day Calendar as a day to promote the power of positivity and the impact this simple act can have on your life. Join us as we explain why maintaining a positive mind benefits you and those around you.

Positive thinking is an emotional and mental practice that requires an optimistic outlook on life. It's about choosing to focus on the positive things that empower us despite our circumstances. A positive thinker doesn't ignore negative aspects of their life. Instead, they maintain a hopeful attitude to get them through the disruption.

*September days have the warmth of summer in their briefer hours, but in their lengthening evenings a prophetic breath of autumn.*

—Rowland E. Robinson

## See Elk In Rocky Mountain National Park

The elk rut is in full swing at Rocky Mountain National. In late August and into September, the mating season for the Colorado elk begins. The town of Estes Park and Rocky Mountain National Park are some of the best places in the state to witness this truly magnificent display of Mother Nature. The ritual begins with the male elk shedding their velvet to make their antlers nice and sharp to battle other male elk in the quest for a female companion.

The male elk can also be heard bugling for miles away as they make their call for a mate. Herds of elk can be seen in large grassy meadows within the park and even in downtown Estes Park. During "Elktober," it is almost impossible not to see an elk.

## Excess Harvest From Your Garden

Excess harvest can be handled in several ways: freezing, canning, drying, donating to food banks or charities, sharing with neighbors, making jams or jellies, or composting any unusable portions.

- **Freezing:** Blanching and freezing vegetables like spinach, kale, and zucchini preserves their nutrients and texture for future use.
- **Canning:** This allows for long-term storage of items like tomatoes, pickles, and jams.
- **Drying:** Drying herbs, fruits, and some vegetables (like tomatoes) reduces their size and weight for easy storage.
- **Pickling:** Pickling vegetables in vinegar and spices creates a flavorful and long-lasting preservation method.
- **Fermenting:** Fermenting foods like sauerkraut and kimchi can be a great way to add probiotics to your diet.
- **Donating:** Food banks and charities are often grateful for fresh produce donations.
- **Sharing with neighbors:** A simple act of sharing with those around you can build community and reduce waste.
- **Selling:** If you have a surplus, consider selling at a farmers market or through a local co-op.
- **Composting:** Composting is a great way to recycle any overripe, bruised, or unusable parts of the harvest back into the garden, creating nutrient-rich soil for next year.
- **Creating a "harvest restaurant":** Host a dinner party featuring your excess produce.
- **Donating to local nursing homes:** Some nursing homes appreciate fresh produce for their residents.



## National Hummingbird Day

National Hummingbird Day happens during the first Saturday in September. Hummingbirds are remarkable birds with unique characteristics that fascinate bird watchers and nature lovers, alike. There are over 300 species of hummingbirds throughout the world that belong to the Trochilidae family. The Trochilidae family is known for their small size, beautiful plumage, and amazing flying abilities. This family of birds comes in different sizes, colors, and behaviors that are specific to the location where hummingbirds live.

The average hummingbird is between 2 to 5 inches in length, making it the smallest bird in the world. Known for their beautiful colors, hummingbird feathers are an iridescent mix of greens, blues, reds, and purples. Interestingly, the iridescent color of hummingbird feathers gives the appearance of the feathers changing colors in light.

A hummingbird flaps its wings up to 50 times per second and has amazing flying capabilities. For example, hummingbirds move their wings in a figure-eight pattern, allowing them to "hover" in midair. In addition, these unique flying characteristics allow a hummingbird to feed on a flower while in flight. Unsurprisingly, because hummingbirds move so quickly, they feed frequently on nectar from flowers and insects.

## Colorado Scottish Festival

### Sedalia

The annual Colorado Scottish Festival, presented by the St. Andrew Society of Colorado, is a family-friendly event that showcases Scottish traditions, culture, and history. With something for all ages, there will be athletic competitions, re-enactments, weaving, leather working, blacksmithing, traditional Celtic folk music, piping, and drumming.

Providing visitors with a chance to learn about their family trees at the Clan Tents, this year's 60th event takes place from Saturday to Sunday, September 20th to 21st, 2025, at the Denver Polo Club in Sedalia. Also featuring Irish step dancing, lectures, and a performance by the World Junior Highland Dance Champion, there will be plenty of vendors with Scottish and Celtic items for sale. A family-friendly event to celebrate the magic of Scotland in your own backyard.

Featuring:

- Highland Games and Athletic Competitions
- Pipe and Drumming Competitions
- Highland & Irish Dancing
- Clans/Tartan Information
- Historic Re-Enactments
- Scottish Mini-Tattoo Event
- Traditional Scottish & Irish Music
- Thistle Club – VIP Package
- Whisky Tastings
- Celtic Merchandise/Craft Vendors
- Beer Tent
- Food Vendors
- Children's Activities
- Dogs of the British Isles
- British Cars (Sunday only)
- Kirkin' of the Tartan (Sunday morning)

With food vendors, traditional culinary dishes, a beer tent, whiskey tastings, and John Shields' famous haggis, you're sure to have a full belly and a good time. For those looking to see some action, there will be combat and swordsmanship elements to the festival in addition to weaponry with a range of swords. And for anyone looking to bust a move, there will be a concert at the end of the first day while those bringing kids will be happy to know there are activities meant especially for them.

A great event to experience and learn more about Scottish culture, The Colorado Scottish Festival is a great way to spend a weekend.

–<https://www.uncovercolorado.com>

## Tips For Leaf Peeping:

Peak fall colors typically occur in late September and early October, but can vary depending on elevation and weather.

- Check Conditions: Before heading out, check trail conditions, parking availability, and any potential closures.
- Consider Mid-Week Trips: Weekends can be very crowded, especially at popular locations like Kenosha Pass.
- Explore Beyond the Popular Spots: Many lesser-known trails and scenic drives offer equally stunning views.
- Be Prepared: Bring layers of clothing, as mountain weather can change quickly, according to Follow Tiff's Journey.

## Advertise in this Newsletter!

The deadline for advertisements is the 15th of the month for the next month's issue, except for the Jan. issue which is Dec. 6th.



**Newsletter Connections: 303-979-7499 or [info@newsletterconnections.com](mailto:info@newsletterconnections.com)**

To find ad rates and discounts, go to **[NewsletterConnections.com](http://NewsletterConnections.com)** or scan QR code.

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## Teen Services

Hire a teen from our neighborhood to help out with household chores. Teens are available for Babysitting, Pet and House Sitting, Lawn Care and Snow Removal.

Email **[info@newsletterconnections.com](mailto:info@newsletterconnections.com)** to add your teen!

To add your teen's name, please email **Newsletter Connections** at **[info@newsletterconnections.com](mailto:info@newsletterconnections.com)** and include the following information: the **neighborhood you live in**, your age, parent email or phone number and the categories you would like included. Categories: **(B)** Babysitting; **(\*)** Red Cross Cert for CPR; **(L)** Lawn care; **(S)** Snow removal; **(P)** Pet & House sitting. No recommendation or endorsement of any of the names on this list is implied or stated by the HOA board or Newsletter Connections.

## Let's Build Beds—Together!

Join J&K Roofing and Sleep in Heavenly Peace - Denver Chapter on Saturday, October 11 for a fun, hands-on bed build at 13000 W 43rd Drive, Golden. No experience needed—just show up ready to help local kids who need a bed to sleep in. It's a family-friendly event that brings the community together for a great cause. No kid sleeps on the floor in our town! Sign up or donate: [shpbeds.org/chapter/co-denver](http://shpbeds.org/chapter/co-denver)

## Colorado Dragon Boat Festival

The Colorado Dragon Boat Festival is Colorado's premier event celebrating the accomplishments and culture of the Asian American and Pacific Islander community within the state. Since 2001, these festivities have been held in the heart of the city at Sloan's Lake.

The AAPI community brings awareness and celebration of diversity to the general public in one great big and bold cultural experience. This year, the two-day event will be taking place from Saturday to Sunday, September 6th and 7th, 2025.

Asian food vendors, artisans, organizations, children's events, and performances add to this mesmerizing cultural experience. The Centennial State has so much more to offer than just mountains. Come and experience the richness of Colorado's unique communities.

–<https://www.uncovercolorado.com>

# Chipotle Chicken And Corn Chowder

## INGREDIENTS

- 1 can chipotle chiles in adobo sauce
- 2 tablespoons unsalted butter
- 1 poblano pepper, seeded and finely chopped
- 1 red bell pepper, seeded and finely chopped
- 1 teaspoon ground cumin
- ½ teaspoon dried oregano
- ½ teaspoon dried thyme
- 6 cloves garlic, minced
- 2 tablespoons all-purpose flour
- 3 cups whole milk
- 2 cups chicken stock
- 6 small red potatoes, peeled and diced small
- 4 ounces Monterey Jack cheese, shredded (about 1 cup)
- 4 ounces Cheddar cheese, shredded (about 1 cup)
- 2 cups diced cooked chicken
- 30 ounces canned sweet corn, drained
- 15 ounces canned cream-style corn
- 1 cup crushed tortilla chips
- Juice from 1 lime, about 2 tablespoons
- Chopped cilantro, to garnish (optional)



## INSTRUCTIONS

1. Remove one chile from the can of chiles and mince it. Remove 1 teaspoon of the adobo sauce and set it aside to be used later. You can save the remaining chiles and sauce for another use.
2. Melt the butter in a large Dutch oven or stock pot over medium heat. Add the poblano pepper, red bell pepper, the chile from the can, cumin, thyme and oregano, and sauté for 5 to 7 minutes, or until the peppers become soft. Add the garlic, stir and cook for an additional 30 seconds, or until fragrant.
3. Stir in the flour with a wooden spoon and cook for 1 minute, or until there is no longer any visible raw flour. Slowly stir in the milk and chicken broth, scraping up any bits from the bottom of the pan as you stir.
4. Add the potatoes, bring the mixture to a boil, then reduce the heat to low and simmer for 10 to 15 minutes, or until the potatoes are tender and can be easily pierced with a knife.
5. Add the shredded cheeses a handful at a time, stirring after each addition until the cheese is completely melted.
6. Finally, stir in the chicken, both cans of corn, the tortilla chips, lime juice and the reserved 1 teaspoon of adobo sauce. Cover and cook for an additional 10 minutes, or until the soup is completely heated through. Serve immediately.

—<https://www.browneyedbaker.com>



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deadline is  
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**NEWSLETTER  
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DANIELLE JURINSKY will continue to bring real-world experience to the council and will **fight for ALL of Aurora**— no matter where in the city you live, or what political party you follow.

- Aurora native
- Successful Aurora business owner
- Proud veteran
- Invested in Aurora's future



# Danielle Jurinsky

Aurora City Council AT-LARGE

Danielle truly loves her hometown of Aurora, Colorado. It's where she was born and raised, graduated from Overland High School, graduated from the Community College of Aurora, served our country honorably, started her businesses, and is raising her son.

## Focusing on what's important to Aurora...

### Jobs & the Economy

As a successful small business owner and entrepreneur, Danielle knows firsthand what it takes to live within a budget, make payroll, and grow a business.

### Public Safety

Danielle will continue to fight for a stronger, safer Aurora while bridging the gap between Aurora citizens and our local Aurora law enforcement.

### Taxes & Fees

Danielle isn't a politician, she's a job creator and a single mom who works hard to live within her budget and believes government should do the same.

### Development

Danielle will continue to ensure Aurora is one of the most business-friendly cities in the state and will continue to eliminate bureaucratic red tape and burdensome government regulations.

### Revitalizing Neighborhoods

Local Aurora residents know what's best for their neighborhood and unlike politicians, Danielle will listen to those needs and respond.



*During a very dark time in my life, Danielle came through shining bright. I'm fighting for my life in stage 4 cancer. I fight alongside my wife and 3 children. Danielle sent us on a Disney Cruise and covered it all. She brought the community together and raised thousands for me to continue battling. I wouldn't have otherwise been able to afford my medical treatments. She helped connect me to many people who will potentially all be an intricate part of saving my life. Only time will tell. Danielle is one of the most humble people I know. I'm not endorsing her as a friend. I'm so honored to endorse her as family.*

-Dre Lane, Aurora Resident

**DanielleforAurora.com**

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Classified ads are \$4.00/line (about 40 characters/line). Contact Newsletter Connections at 303-979-7499 or [info@newsletterconnections.com](mailto:info@newsletterconnections.com) to place an ad. To view our display ad prices, visit our website at [NewsletterConnections.com](http://NewsletterConnections.com). The deadline for placing a classified or display ad is the 15th of the month for the next month's issue (i.e., 15th of Sept. for Oct. issue), except the January issue, which has a deadline of December 6th. Residents placing ads to sell household items are not charged a fee.

## National Grandparents Day

On the Sunday following Labor Day, National Grandparents Day honors the love only grandparents can provide. Grandparents and their grandchildren share a special bond. These hugging, caring and patient people in the lives of children offer more than a generous dose of love. Grandparents provide an abundance of wisdom. They also offer guidance and stability.

## Mission Viejo Library: September Programs

### EARLY LITERACY PROGRAMS:

Tuesdays at 10:30 a.m. Tots Tunes (ages 0-5)  
Wednesdays at 10:30 a.m. Baby Storytime (ages 0-2)  
Thursdays at 10:30 a.m. Storytime (ages 0-5)  
Tue, Sep 30 at 10:30 a.m. Blocks & Play (ages 0-5)

### PROGRAMS FOR CHILDREN:

Wed, Sep 3 at 4:30 p.m. Perler Bead Club (ages 6-18)  
Wed, Sep 10 at 4:30 p.m. Clay Club (ages 6-18)  
Wed, Sep 17 at 4:30 p.m. Snap Bracelet Craft (ages 6-18)  
Sat, Sep 20 10:30-noon Read to a Therapy Dog (ages 0-12)  
Wed, Sep 24 at 4:30 p.m. Scratch Art Masks (ages 6-18)

### PROGRAMS FOR PRE-TEENS AND TEENS:

Thu, Sep 4 at 4:30 p.m. Sand Art (ages 12-18)  
Thu, Sep 11 at 4:30 p.m. Teen Book Club: Dragonet Prophecy (ages 12-18)  
Thu, Sep 18 at 4:30 p.m. Caramel Apple Nachos (ages 12-18)  
Thu, Sep 25 at 4:30 p.m. Teen Advisory Group (ages 12-18)

### PROGRAMS FOR ADULTS:

Fri, Sep 5 at 11:00 a.m. Diamond Dots (adults)  
Sat, Sep 6 at 2:00 p.m. DnD - Intro Session (adults)  
Fri, Sep 12 at 11:00 a.m. Resin DnD Dice (adults)  
Sat, Sep 13 at 2:00 p.m. Board Games Bonanza (adults)  
Fri, Sep 19 at 11:00 a.m. Coffee and Coloring (adults)  
Sat, Sep 20 at 2:00 p.m. DnD (adults)  
Fri, Sep 26 at 11:00 a.m. Perler Beads (adults)

### PROGRAMS FOR ALL AGES:

Wed, Sep 17 at 6:00 p.m. Family Board Game Lock-In

For more information about library programs, call 303-326-8600 or visit [aurorallibrary.org](http://aurorallibrary.org).

*All the months are crude experiments,  
out of which the perfect September is made.*

*-Virginia Woolf*

## Autumnal Equinox

The Autumnal Equinox in September ushers in a change of season. It is observed annually when the sun can be seen directly overhead along the equator. The day marks the end of summer and beginning of fall in the Northern Hemisphere.

The autumn equinox is one of two days when all points on Earth except the polar regions see the sunrise and set at due east and due west. With few exceptions, all latitudes see almost precisely 12 hours of daylight and 12 of darkness.

## Get Ready for Fall! Beaver Stump Grinding & Tree Service

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# Hey Neighbor,

My name is Kyle Gilmore, and I'm a proud resident of Rocky Ridge. Along with my wife and daughter, my family chose this beautiful, quiet neighborhood because it truly felt like the perfect place to call home. As a lifelong resident of Aurora, I have a deep understanding of our city's incredible growth and the true value of homeownership here.

Your home is likely your biggest asset and a cornerstone of your family's financial future. That's why my mission, "Gilmore Gives More," is built on providing you with more than just a transaction. I'm here to serve as your trusted guide and partner, ensuring you have the knowledge, attention to detail, and support you need to navigate the market with confidence.

I know that making real estate decisions can feel daunting, but it's my goal to remove the stress and ensure a transparent experience from start to finish. I love diving deep into each unique situation to help you see the possibilities at your fingertips, whether you're looking to create more space for your family or secure your wealth for the long term.

Let's talk about your real estate goals. Get in touch for a personal consultation and discover how my commitment to transparency and expertise can work for you.

Warmly,  
Kyle Gilmore



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Past Client Reviews



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