

The Highlands

A Covenant Community

Monthly Newsletter for The Highlands 460 • www.h460.org

Save The Date

- May 7:** Civic Association Board Meeting
- May 11:** Food Truck (Ms. Hana's Vietnamese) at Arapaho Park
- May 15:** Dues Deadline for LIP Participation
- May 30:** Community Cleanup
- June 5 & 6:** H460 Community Garage Sale
- June 8:** Food Truck (Eco's De Mexico) at Arapaho Park
- June 12 & 13:** Large Item Pickup
- July 4:** Independence Day Parade
- July 13:** Food Truck (Samos Grill) at Arapaho Park
- August 10:** Food Truck (Rolling Italian) at Arapaho Park
- September 14:** Food Truck (Balkan European) at Arapaho Park

Treasurer's Corner

We'd like to encourage everyone who plans to pay their 2026 Civic Association dues to do so sooner rather than later. Your dues support neighborhood events and services, including our popular Large Item Pickup. Last year, many payments arrived just before that event, which made coordinating with our trash provider more challenging than necessary. To help everything run smoothly this year, we will be more strictly enforcing the May 15 dues deadline. Paying early truly helps us plan ahead and serve the community more efficiently.

We now have a new feature at h460.org/membership called "Dues Payment Lookup." You are now able to enter your address and name to quickly confirm whether your current-year dues have been received – an easy way to stay informed and up to date. Thank you for your continued support in keeping Highlands 460 a wonderful place to live.

dues graphic on page 2

May 2026

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President's Letter

May brings the start of the year's most anticipated events. In this month's newsletter, you'll find details on our upcoming Community Cleanup, Annual Garage Sale, Large Item Pickup, and 4th of July Parade – each one an opportunity to connect with neighbors and contribute to our community's overall strength and appearance. Whether you're clearing out clutter, sprucing up your property, or simply enjoying the activity around the neighborhood, these events are a great way to be part of what makes our community special.



Behind the scenes, your Civic Association Board of Directors continues to stay engaged on topics that matter to residents. In addition to planning events and supporting neighborhood initiatives, the Board is actively exploring longer-term improvements, including a potential fencing project along arterial

roads in coordination with the City of Centennial. These discussions are part of our ongoing commitment to maintaining and enhancing both the safety and appearance of our neighborhood. Join us for the monthly board meeting on May 7 to learn more.

As always, we encourage you to get involved – whether by attending board meetings, participating in events, volunteering your time, or sharing your ideas. It's through these collective efforts that we continue to build a connected, welcoming community we're all proud to call home.

— Sincerely, Carrie Reger,
2026 President, H460 Civic Association

H460 Civic Association Meeting

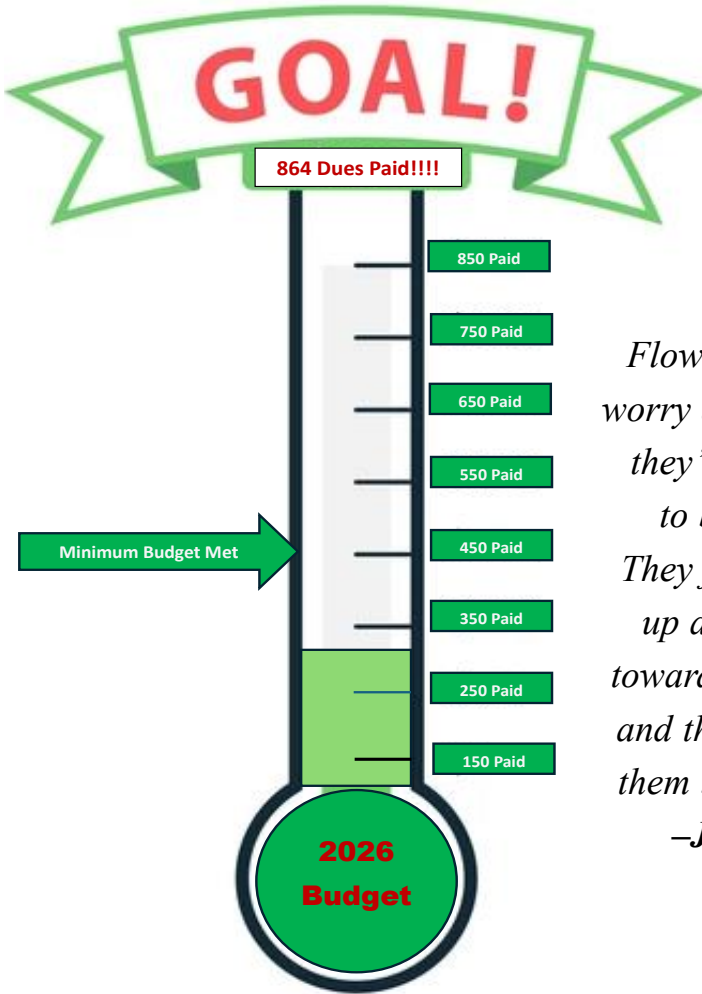
The May board meeting will be held on
Thursday, May 7, 2026 from 6:45 - 8:15 p.m.

In person: Metrum Community Credit Union,
6980 S. Holly Circle, Centennial

Online: Google Meet link posted at <https://www.h460.org>

Find agendas minutes from previous board meetings at:
<https://www.h460.org>

For the most recent report of Civic Association finances,
email: treasurer@h460.org



Flowers don't worry about how they're going to bloom. They just open up and turn toward the light and that makes them beautiful.

-Jim Carrey

Highlands 460 Civic Association

board@h460.org
 P.O. Box 2252, Centennial, CO 80161
 H460 Message Line: 720-644-6448

BOARD OFFICERS

President: Carrie Reger
Vice President: Rob Horner
Treasurer: Rob Eulenstein
Secretary: Liesel Dionisio

BOARD MEMBERS AT LARGE:

Chris Downard
 Molly Zwerdlinger

CIVIC ASSOCIATION CONTACTS

Communication/Newsletter:
communication@h460.org & news@h460.org

Covenant Review Committee:
 Stan Sudduth crc@h460.org

Technology:..... technology@h460.org

COMMUNITY VOLUNTEERS

Volunteering for the H460 Civic Association is a fun and easy way to do something for your community and meet great people in the neighborhood along the way. If you are interested in giving a few hours of your time, current interest areas include: events, governance, technology (website, database, general), and communication (newsletter, social media). If you have a specific interest you would like to lead and don't see listed here, we welcome suggestions. Contact us at board@460.org, and we will connect you with a role.

NEWSLETTER EDITOR

Molly Zwerdlinger news@h460.org

Highlands Highlights is published monthly by the Highlands 460 Civic Association, a non-profit homeowners association. The deadline for news articles and community related announcements is the 10th of the month before the following month's issue. Articles should be emailed to news@H460.org All articles must be approved by the editor for publication.

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Advertise In This Newsletter!

The deadline for advertisements is the 15th of the month for the next month's issue, except for the Jan. issue which is Dec. 6th.



Newsletter Connections: 303-979-7499 or info@newsletterconnections.com

To find ad rates & discounts, go to NewsletterConnections.com or scan QR code.

Perimeter Landscaping & Entry Islands

The Southern Metropolitan District (SMD) is a special taxing district responsible for the maintenance of the perimeter landscaping and the five entry islands to Highlands 460. For current information on upcoming meetings and other information please refer to the website. The Chairman of the Board is Ed Quinn who can be reached at SMDCentennial@gmail.com and 303-807-7688.

Contact the Covenant Review Committee

Email: crc@h460.org
 Postal address:
 H460 Covenant Review Committee
 P.O. Box 2252, Centennial, CO 80161

Listen to City Council Meetings

We would like to encourage you to attend some upcoming City Council meetings. If you don't feel like coming to the City Offices you can listen to the meetings in real time through the City website. Here's what you need to know. City Council study sessions begin at 6 p.m. and the regular meetings start at 7 p.m. in the Council Chambers of the Centennial Civic Center located at 13133 East Arapahoe Rd. If you would like to listen to the live audio of the meeting visit www.centennialco.gov go to Online Services, Listen to Meetings under the Stay in Touch column. The live audio button appears next to the word 'agenda' when the meeting begins. You may need to refresh your screen if you do not immediately see the link.

Covenant Review Committee and Governance

Spring Reminder: Protecting the Air Inside Your Home

As spring arrives and many of us begin cleaning, organizing, and maintaining our homes, it's also a good time to think about something we can't see – the air we breathe indoors.

One important concern in Colorado is radon, a naturally occurring gas that can enter homes through foundations, basements, and crawl spaces. It is colorless, odorless, and tasteless, so the only way to know if it's present is to test. According to the U.S. Environmental Protection Agency, radon is the second leading cause of lung cancer in the United States.

Radon is especially common in our region due to soil conditions, meaning even well-kept homes in our neighborhood can have elevated levels without any visible warning signs. The good news is that testing is simple and affordable.

At-home test kits are easy to use and provide results in just a few days. If higher levels are detected, mitigation systems can effectively reduce radon by venting it safely outside. These systems are commonly installed, reliable, and relatively cost-effective.

Why test in the spring?

- You're already focused on home maintenance and improvement
- It's an easy addition to your seasonal checklist
- Early detection helps protect long-term health

For more information on radon, testing options, and mitigation, residents can visit the EPA website or consult local health resources. Let's make this spring not only clean and organized – but safe and healthy for everyone.

If you have questions on this or other covenant-related items, please contact the CRC at CRC@H460.org.

Community Cleanup: GREAT Kids Activity Once School is Over

Come join your neighbors in cleaning up our community on **May 30th**. This is a wonderful activity for children to participate in! Light refreshments provided. Please bring gloves, water, and dress for the weather.

Meeting location and time: 5/30 at 10am at the corner of E. Mineral Ave. and S Monroe Way.

4th of July Parade and Celebration

Summer is right around the corner, and 4th of July will be here before we know it. We are calling for volunteers to help us with the 4th of July parade and celebration. Great events like this are not possible without help from YOU! Keep an eye out for a SignUpGenius link in our next newsletter. Please reach out to board@h460.org with questions.

*May, the month of sunshine, blooming flowers,
and endless possibilities.*

–Unknown

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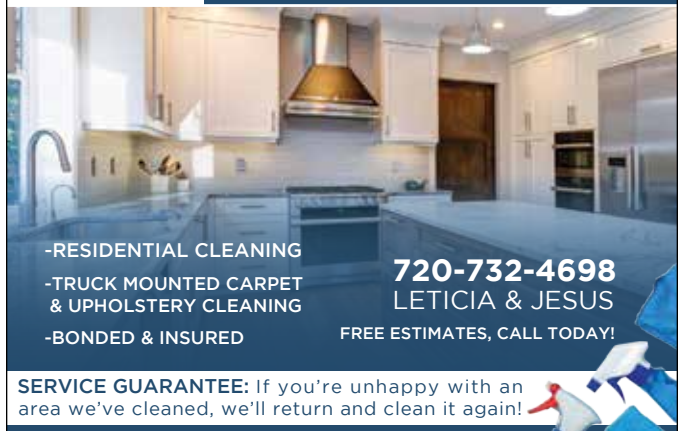


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Nearby Garage Sale Returns in June!

Don't miss the chance to reach a large number of potential buyers and clear out your clutter! The neighborhood-wide garage sale in Highlands 460 is scheduled for Friday and Saturday, June 5 and 6. Organized and sponsored for the fourth consecutive year by The Steller Group real estate team – including H460 neighbor and Realtor, Natalie Force – this popular event promises another great turnout.

Participation is completely FREE, with all marketing expenses covered by The Steller Group. Advertising will be placed in *The Denver Post*, *The Centennial Citizen*, and a variety of online outlets. Plus, professionally printed directional signs will be posted throughout the neighborhood the weekend of the sale. Shoppers will be able to easily find their way using detailed maps pinpointing each participating home.

If you plan to sell, be sure to register by **Sunday, May 31!** Registering not only gets you on the sales map and ensures directional signs are placed to guide buyers to your street, it also boosts event advertising, helping to attract more shoppers to the neighborhood.

For more information or to register for free, visit www.StellerRealEstate.com/H460 or call 720-593-9355.

*You are never too old to set another goal
or to dream a new dream.*

–C.S. Lewis

Get Social With Us

Social media is a great way to connect with neighbors and build community. Highlands 460 has social media pages that allow members to reach out in real time, and communicate with others in our neighborhood. The Civic Association Board will also post important information between monthly newsletters. Please consider joining our Facebook group (<https://www.facebook.com/groups/h460residentgroup>) and/or following our neighborhood on Nextdoor (<https://nextdoor.com/neighborhood/thehighlands460--centennial--co>).



Contact Information and Preferences: New and Updates

Our communications team would like to keep our resident records updated. If you are new to the neighborhood or have had a change in email address or phone number, email communication@h460.org, and we will update the database accordingly.

New Subcommittee for Arterial Roadway Fence Initiative

The Board has formed a subcommittee to research the process and feasibility of replacing the fencing along Monroe, Adams, and Mineral. Please reach out to board@h460.org for interest in helping this important project.

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Large Item Pickup June 12-13

Our annual Large Item Pickup is scheduled for June 12–13. This is your chance to get rid of bulky items that don't fit in your regular trash bins. This is a great time to clean out the garage.

Important Eligibility Information

Only residents who have paid dues by May 15 can participate. The trash company will receive a list of eligible addresses for pickup.

What To Do

- Place items at the end of your property without blocking sidewalks or streets.
- Limit your pile to 2 cubic yards per household (roughly two large trash bins or two refrigerators).
- Break down or bundle large items like furniture, branches, and yard waste to stay within the limit.
- You'll get a sticker indicating participation eligibility delivered to your doorstep by June 7. These must be visible on your pile by 8:00 a.m. on June 12. They don't need to be on every item – just make sure the pile is clearly marked.
- Trucks will only make one stop per address.

Items NOT Accepted

- Anything over 150 lbs (not liftable by 2 people)
- Liquids of any kind
- Appliances with Freon (fridges, freezers, AC units)
- Car parts, batteries, oil, tires, propane tanks
- Hazardous materials (chemicals, fuels, paint, pesticides, etc.)
- TVs, monitors, printers, fluorescent lighting
- Household trash, construction debris (dirt, concrete, shingles)

- Bikes*

* Have a bike to donate? Contact Kent Husa of Cycle Movement at info@cyclemovement.bike to arrange a drop-off or pickup.

How Can You Help?

We need volunteers to deliver stickers. It's a great way to get your steps in and say hello to your neighbors. To volunteer email events@h460.org.

Mark Your Calendars: Food Truck Nights for 2026!!

Food truck nights are back at Arapahoe Park! Plan to join your friends and neighbors every second Monday from May to September and explore some fun local eats. Add these dates to your calendar now:

May 11: Food Truck (Ms. Hana's Vietnamese);
Sweet Treat (TBD)

June 8: Food Truck (Eco's De Mexico);
Sweet Treat (TBD)

July 13: Food Truck (Samos Grill); Sweet Treat (TBD)

August 10: Food Truck (Rolling Italian);
Sweet Treat (TBD)

September 14: Food Truck (Balkan European);
Sweet Treat (TBD)



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Brighten Your Home For Spring

Instantly brighten your space by swapping heavy, dark items for light-reflecting, natural alternatives. Key swaps include replacing dark curtains with sheer fabrics, switching to light-colored textiles, introducing mirrors, adding greenery, and changing to warm light bulbs, all of which enhance natural light and create a fresh atmosphere.

- 1. Swap Heavy Drapes for Sheer Curtains:** Replace thick, dark window treatments with sheer or light-filtering curtains to maximize natural sunlight and create an airy atmosphere.
- 2. Swap Dark Textures for Light Fabrics:** Trade velvet cushions or heavy throws for linen, cotton, or lighter tones to bring warmth without heaviness, instantly elevating the room's aesthetic.
- 3. Swap Dark Decor for Mirrors:** Replace small artwork or dark decor pieces with mirrors placed opposite windows to reflect light and create the illusion of a larger, brighter space.
- 4. Swap Dry Decor for Greenery/Flowers:** Bring in fresh-cut flowers or leafy green plants to add natural movement, color, and a spa-like freshness to tables and shelves.
- 5. Swap Harsh Lights for Warm Bulbs:** Switch out bright white bulbs for warm white bulbs to create a softer, more inviting, and cozy ambiance. These small changes, often recommended for spring or summer refreshes, can significantly boost your mood and the feel of any room.

Mother's Day, May 10

Mother's Day is a time-honored tradition of recognizing the women in our lives who raised us, dried our tears, and well, mothered us. Everyone has one or has someone who is like a mother to them. On the second Sunday of May, we honor those women who are our mothers. Whether we shower her with gifts, take her to a fancy dinner or make her a homemade card, what moms want most is to be surrounded by the love of her family. Knowing the people they love are safe, sound, and healthy is a mom's number one priority.

HOW TO OBSERVE MOTHER'S DAY

Pay tribute to your mother this holiday. Surround her with the love she deserves and shower her with the affection and attention you know she wants. For those of us whose moms are no longer with us, spend some time remembering the woman you miss. Visit with those who remember her and honor her memory. If you're a mom, revel in the attention. You deserve it!

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Message Line

Email is the best way to communicate with the civic association board, but if you prefer to leave a message, please call 720-644-6448.

Newsletter Contributions

Neighbors, we want to hear from YOU! We welcome articles and ideas for the Highlands Highlights newsletter. Tap into your inner author, and send us your thoughts, neighborhood Send articles and photos to the editor at news@h460.org.

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Friday & Saturday, June 5 & 6!



NEIGHBORHOOD GARAGE SALE



Visit StellerRealEstate.com/H460 by **Sunday, May 31** to learn more or to register and appear on the neighborhood map!

Take advantage of an opportunity to reach a large number of **potential buyers** and **declutter** your home! This event is organized and sponsored by The Steller Group real estate team.

Follow These Steps To Participate!

- 1.** Register FOR FREE at StellerRealEstate.com/H460
- 2.** Leave all advertising and promo to The Steller Group
- 3.** Prepare for your sale and get items organized
- 4.** Choose your own operating hours
- 5.** Host your sale!



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