Ice Cream Social

An Ice Cream Social occurred on August 5 to recognize and thank the Nob Hill/Ridgeview Hills South volunteers who deliver the Medema Messenger in our neighborhood. Thank your carrier when you see them. A big thank you goes to: Nancy Caporale, Terry Clouatre, Tom & Gerry Cummins, Lucy Denson, Gina DiMuro, Lawrence Depenbusch, Roy & Arlene Hohn, Justin Kimball, Sharon Kline, Nita McKnight, Daniel Moe, Jim & Crystal Kato, Truxton Simmons, Angie Staib, Natalie Tippen, Regina Troch, and Martha Valle-Veltre.

Candidates Forums For Centennial City Council

- Centennial City Council, Monday, September 22, 6:00 pm, Sheriff's Office, 13101 Broncos Parkway. Sponsored by CenCON (Centennial Council of Neighborhoods).
- A second candidate forum for Centennial City Council is scheduled on Saturday, October 4, 11:30 am, Sports Complex, 4810 E County Line Rd. It is sponsored by the League of Women Voters of Arapahoe/ Douglas Counties.

September 2025

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EPIC CAMPUS:Littleton Public Schools

Based in the Littleton Public School District, the EPIC campus will host almost 1,000 high school students this school year. Beginning its third year, EPIC students are finding opportunities for career paths in partnership with the business community. Those students participating in the program are bused to/from the campus from their home high schools. They spend about one-fourth of their day at EPIC.

Explorative Pathways for Innovative Careers (EPIC) Campus located in Littleton is designed to get students excited about learning. Students have choices as they select classes from seven career-focused pathways that are of particular interest to them. Learning experiences, designed in collaboration with industry partners, are hands-on, relevant and provide opportunities to impact the greater community. The EPIC Campus strives to support the Littleton Public Schools goal of 100% of students being prepared for meaningful post-secondary opportunities including the military, two-year and four-year colleges/universities, workforce, trade schools, and more.

The seven pathways:

- Aerospace (have made parts for NASA)
- Business and Entrepreneurship (includes real estate)
- Computer Science (cyber security, etc.)
- Construction Trades (design and build)
 - Future Educators
 - Health Sciences (sports medicine, behavioral health)
 - Natural Resources (ecology, water fundamentals, hydro-ponic gardening, & more)

Readiness Skills for the Workforce include; communication, collaboration, critical thinking, and professionalism.

The EPIC program offers opportunities to earn content credit toward graduation requirements, concurrent enrollment with their high school, offers an opportunity to earn industry certifications, and provides work-based learning. College credit is possible in some programs. Fees range

from \$0 to \$140 – mostly for materials.

The EPIC campus is located in the former Schomp Service facilities across Littleton Blvd. from Littleton High School.



Civic Association Member Registration/Donation Form

utumn

Thank you to the families who paid dues last quarter. Your dues help us make our community more inviting.

Donate \$25 and help our community thrive!

	Bonate \$25 and help our community thrive.
Name: _	
Address	:
Email: _	
Phone:	
Make	check payable to NH/RHS Civic Association. Mail to

Tom Cummins, 6841 S. Clermont Dr., Centennial, CO 80122

South Metro Fire Rescue News STATION 15 RE-OPENS:

A ceremony to celebrate the re-opening of Fire Station 15, was held on June 28. Following brief remarks by a number of dignitaries, a hose uncoupling (similar to a ribbon cutting) took place. With the ceremony complete, everyone was invited to tour the new fire station. There are six fire fighters on duty per shift.

The former facility that housed Station 15 was initially a renovated model home. The small building was inadequate to house the needs of today's fire equipment and housing for the fire fighters. Station 15 is located on E. Dry Creek Road just east of University Blvd.

And yes... there is a fire pole in the new building.



NEW FIRE CHIEF NAMED:

John Curtis was recently named the new Fire Chief for South Metro Fire Rescue. Chief Curtis has a 27-year history with the department. He replaced retiring Chief, Bob Baker. Chief Curtis has more than two decades of experience with South Metro Fire Rescue.

FACING A SIGNIFICANT BUDGET SHORTFALL STARTING IN 2026

South Metro Fire Rescue (South Metro) is facing an immediate and significant budget shortfall due to recent state legislation. Without additional revenue by 2026, the district will not be able to maintain the high level of fire and emergency services that residents expect and rely on.

Last year, the state legislature passed HB 24B-1001 to lower property taxes which significantly reduced funding for fire protection districts across Colorado — including South Metro.

As a result, South Metro expects a \$16 million shortfall beginning in 2026 and needs \$34+ million annually to address increasing demand, rising costs, and infrastructure.

Since 2019, demand for services has grown 20%.

South Metro is a full-service fire and emergency medical provider protecting 571,000 residents across 287 square miles. It serves parts of Arapahoe, Douglas, and Jefferson counties, 12 municipalities and major business areas including Centennial Airport, Lockheed Martin, Highlands Ranch, 4 Square Mile, and the Pinery.

South Metro Fire Rescue is focused on maintaining the reliable, high-quality emergency services our community depends on. Without stable funding, we may face tough cuts in areas like:

- Response times for fires, medical calls, and accidents
- Adequate staffing for effective response (fire and medical)
- Capital investments in existing and new (planned) stations and apparatus (vehicles and equipment)
- Health programs for the prevention and treatment of cardiac, cancer, and injury for our first responders
- Wildfire preparedness and response mitigation, especially where forests meet neighborhoods

Options Being Considered by South Metro (as of August 15)

- Cut services,
- An increase in Property Tax from 9.25 mills to 12.25 mills, or
- A .5% increase in sales tax (50-cents on every \$100).

Medema Messenger

The *Medema Messenger* is published and distributed by the Nob Hill/Ridgeview Hills South Civic Association. *President:* Lawrence Depenbusch, dependbusch@live.com, 303-981-8790

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Newsletter Help: Open

News Articles

The deadline for news articles is the 10th of the month before the next month's issue. Send articles to Editor, Medema Messenger, 4193 E. Geddes Ave, Centennial, CO 80122-2257. The newsletters are distributed in March, June, September and December. No endorsement of any product or service is implied or stated by its inclusion in the newsletter.

Advertise in this Newsletter!

The deadline for advertisements is the 15th of the month for the next month's issue, except for the Jan. issue which is Dec. 6th.

Newsletter Connections: 303-979-7499 or info@newsletterconnections.com





This Space Intentionally Left Blank for Teen Services

Appearance of an advertisement in this publication does not constitute a recommendation or endorsement by the publisher or the association of the goods or services offered therein. The opinions expressed in this newsletter are those of the individual authors and not of the Board of Directors of your association or the publisher. Neither the Board, publisher nor the authors intend to provide any professional service or opinion through this publication.

South Suburban Park & Rec District:

South Suburban Parks and Recreation has selected Andy Bass to be its next executive director. Bass' experience in leading parks and recreation departments, as well as high-ranking municipal positions, made him the top candidate and ideal fit for the organization. Bass has served as the Deputy City Manager for the City of Chandler in Arizona since January 2022 and will begin his new role with South Suburban on Sept. 8, 2025. He replaces retiring Executive Director, Dave Hanna.

Nourish Meals on Wheels: 1 Million Meals

Nourish Meals on Wheels has recently topped the mark of 1 million meals being served since moving to its new location at Arapahoe Rd and Broadway. Meals on Wheels moved from Ames Elementary School at the end of 2019 after voters in the Littleton Public School District approved a bond measure to replace Ames with the current Ford Elementary. At that juncture, Meals on Wheels found it necessary to find a new location. With strong community support, they were able to purchase the current building (formerly Las Delicious) and renovate it for their purposes. Over 700 meals a day are delivered to senior citizens and those with certain disabilities.

Centennial Center of Generations

The Centennial YMCA Center of Generations invites you to visit in September for special Active Older Adult and Teen programs. Older Adult activities start at 10 AM and typically end at 3 PM. Teen Programs start at 4 PM and last until 8 PM. You will find it to be a warm and welcoming place to socialize and learn something new, including technology. Senior Planet recently granted a license to the Center to provide classes on many technology topics of interest to older adults.

Older Adult Programs For September Include:

- Getting Older Eating Better presented by CSU Arapahoe County Extension
- Active Minds lecture: UNESCO World Heritage Sites
- American Indian Art-presented by Roger Collins
- Celebration of National Ghost Hunting Day with a presentation by the Rocky Mountain Paranormal Research Society
- Classes on Google Workspace, GMail and Google Photos

These special programs are in addition to our recurring activities:

- Exercise classes: Ageless Grace, Silver Sneakers, Tai Chi, and Chair Yoga.
- Monthly Bunco, canasta and poker games
- Weekly Mahjong for all player levels and weekly bridge and knitting & crocheting
- Book Club and Book previews from the Arapahoe Library District

Teen programming includes Esports, cooking classes and nerf wars. It is a wonderful opportunity and place for teens 12-18 to go after school.

Most of the activities are free of charge for Centennial residents and it's easy to register. We are located in the Streets of Southglenn east of the Southglenn Library. 6972 S Vine Street #366.

To get a copy of our September Calendar email us at CentennialCOG@ denverymca.org or visit the website at https://denverymca.org/centennial-center-generations

All the months are crude experiments, out of which the perfect September is made. -Virginia Woolf



Autumnal Equinox

The Autumnal Equinox in September ushers in a change of season. It is observed annually when the sun can be seen directly overhead along the equator. The day marks the end of summer and beginning of fall in the Northern Hemisphere.

The autumn equinox is one of two days when all points on Earth except the polar regions see the sunrise and set at due east and due west. With few exceptions, all latitudes see almost precisely 12 hours of daylight and 12 of darkness.



Excess Harvest

Excess harvest can be handled in several ways: freezing, canning, drying, donating to food banks or charities, sharing with neighbors, making jams or jellies, or composting any unusable portions.

Freezing: Blanching and freezing vegetables like spinach, kale, and zucchini preserves their nutrients and texture for future use.

Canning: This allows for long-term storage of items like tomatoes, pickles, and jams.

Drying: Drying herbs, fruits, and some vegetables (like tomatoes) reduces their size and weight for easy storage.

Pickling: Pickling vegetables in vinegar and spices creates a flavorful and long-lasting preservation method.

Fermenting: Fermenting foods like sauerkraut and kimchi can be a great way to add probiotics to your diet.

Donating: Food banks and charities are often grateful for fresh produce donations.

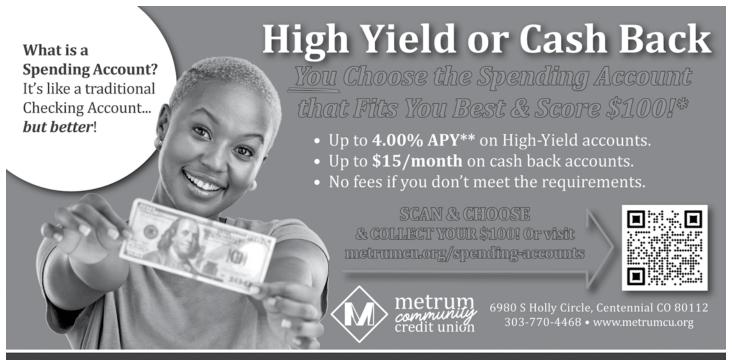
Sharing with neighbors: A simple act of sharing with those around you can build community and reduce waste.

Selling: If you have a surplus, consider selling at a farmers market or through a local co-op.

Composting: Composting is a great way to recycle any overripe, bruised, or unusable parts of the harvest back into the garden, creating nutrient-rich soil for next year.

Creating a "harvest restaurant": Host a dinner party featuring your excess produce.

Donating to local nursing homes: Some nursing homes appreciate fresh produce for their residents.



* 1st \$50 paid with new High Yield or Cash Back Spending Account opened and account enrolled with eStatements and debit card order on file. Offer not available to existing primary accounts with checking/spending account opened in the last 12-months. 2nd \$50 bonus will be paid within 1st 90-days after opening when account meets all

qualifications and receives a high yield interest or cash back paid to the account.

** Qualifications: Receive up to 4.00% Annual Percentage Yield on a High Yield Spending statement period (b) post and clear seventeen or more debit and/or credit card purchase transactions during the month and (c) enroll to receive periodic statement electronically; or up to \$15.00 Cash Back per month with the Cash Back Spending Account by: (a) post and clear seventeen or more debit card purchase transactions during the statement period and (b) enroll to receive periodic statements electronically

High Yield APY subject to change anytime, see rate sheet for current rates.

Membership required with \$25.00 deposit to Base Share Savings. Offer subject to change

Federally insured by NCUA.

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The Family Tree Service- Insured safety trim, tree removal, and stump grinding- Free est.Mention ad for 10% off- 720-201-7971

Classified ads are \$4.00/line (about 40 characters/line). Contact Newsletter Connections at **303-979-7499** or **info@newsletterconnections.com** to place an ad. To view our display ad prices, visit our website at **NewsletterConnections.com**. The deadline for placing a classified or display ad is the 15th of the month for the next month's issue (i.e., 15th of Sept. for Oct. issue), except the January issue, which has a deadline of December 6th. Residents placing ads to sell household items are not charged a fee.

Let's Build Beds – Together!

Join J&K Roofing and Sleep in Heavenly Peace - Denver Chapter on Saturday, October 11 for a fun, hands-on bed build at 13000 W 43rd Drive, Golden. No experience needed—just show up ready to help local kids who need a bed to sleep in. It's a family-friendly event that brings the community together for a great cause. No kid sleeps on the floor in our town! Sign up or donate: shpbeds.org/chapter/co-denver



National Grandparents Day

On the Sunday following Labor Day, National Grandparents Day honors the love only grandparents can provide. Grandparents and their grandchildren share a special bond. These hugging, caring and patient people in the lives of children offer more than a generous dose of love. Grandparents provide an abundance of wisdom. They also offer guidance and stability.





NOB HILL and RIDGEVIEW HILLS HOME SALES

Address	Date Sold	Original List Price	Sold Price	Beds	Baths	Total Sq. Ft.
7310 S Eudora Way	2/25/25	\$849,000.00	\$850,000.00	4	3	2,536
6909 S Clermont Street	3/25/25	\$859,900.00	\$849,900.00	6	4	3,172
6995 S Ash Circle	2/25/25	\$665,000.00	\$676,750.00	5	3	2,696
4891 E Fremont Circle	1/8/25	\$665,000.00	\$665,000.00	3	3	2,657
7313 S Dexter Way	4/4/25	\$649,900.00	\$660,000.00	5	3	2,482
6721 S Cherry Street	2/21/25	\$650,000.00	\$650,000.00	4	2	1,750
7040 S Clermont Street	1/22/25	\$650,000.00	\$640,000.00	4	3	2,211
7419 S Birch Street	1/27/25	\$624,900.00	\$635,000.00	4	3	2,716
7110 S Cherry Drive	3/24/25	\$600,000.00	\$625,000.00	3	2	2,357
6963 S Albion Street	2/26/25	\$625,000.00	\$611,000.00	4	2	2,224
7479 S Dahlia Court	1/8/25	\$627,000.00	\$610,000.00	4	3	1,682
4685 E Arapahoe Place	2/7/25	\$625,000.00	\$599,900.00	4	2	1,632
4305 E Arapahoe Place	3/21/25	\$595,000.00	\$575,000.00	3	3	2,134
6845 S Dexter Street	1/8/25	\$590,000.00	\$545,000.00	3	3	1,536
6844 S Cherry Street	3/28/25	\$462,500.00	\$462,500.00	4	2	2,214

Based on information from REColorado, Inc. for the period 1/1/25-5/19/25. Not all properties were listed and or sold by Kyla Hammond at Your Castle Real Estate.

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Award-Winning Realtor:

Kyla Hammond is a top producing Realtor in South Suburban Denver. She is ranked as the #4 agent out of 800 agents at Your Castle Real Estate and ranks in the top 5% of all agents in the Denver area. She has won numerous awards for her work and provides outstanding service for her buyers and sellers. Give her a call anytime!

Kyla Is Highly Recommended!

"Kyla knows the Littleton/Centennial area well and brought her excellent professional experience as we went through the process of selling our home of 50+ years. We appreciated her good advice and hard work as she negotiated the best deal for my mother. Kyla was kind and honest, recognizing the emotional aspect of the selling process while providing all the practical information we needed to choose the right offer." ~ Janet, Centennial, July 2025, Nob Hill





720.431.1239

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