

The Southwind Times

The Official Publication of the Southwind Civic Association

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Parade Recap

Look at these beautiful moments from the parade! On July 4th, at 9:45AM, at least 80 children on bikes and several parents were already waiting at the corner of Penrose and Geddes all eager for the start of our annual bike parade. (Hopefully not the last one.) You could see an abundance of red, white and blue everywhere. It was such a joyful moment to see so many participants.

You should know, as of three weeks prior, this event was not going to happen. Southwind does not have a president, vice president or secretary to organize any events.

Remember Mighty Mouse, who came to save the day? Well our hero came to save the parade. Thanks to the generous nature of one of our neighbors, Pete Cooney, who stepped up and said he felt this parade was very important to so many people in our neighborhood, that he volunteered (for this year only) to make sure this special event took place.

Pete found volunteers to lead and follow the parade for the safety of all involved. He made the effort to procure the shady grass area behind the school and provided refreshments and trinkets for everyone. He even found someone to make balloon animals, which was well received. We owe Pete so much gratitude for going above and beyond to make so many children (and adults) happy.

Thank you Pete Cooney!

Letter From The Interim President

Dear Southwind Neighbors, I have been excited to hear from some of you who are interested in carrying the torch forward with the neighborhood association! Please continue to reach out via text message to get details on our meeting next month. I am working to coordinate schedules so that all interested people can attend. If we all pitch in a little bit, we can continue to enjoy the fun that our community brings to each other. Please make sure to read the parade recap and our heartfelt thanks to Pete!

— Jenny Riat, 720-960-2134

Neighborhood Survey

SWCA wants to hear from you!

Please take this survey to tell us what you need from your Southwind Civic Association!



This Month In History

August 1, 1779 - Star-Spangled Banner author Francis Scott Key (1779-1843) was born in Frederick County, Maryland. After witnessing the British bombardment of Fort McHenry on the night of September 13-14, 1814, he was enthralled to see the American flag still flying over the fort at daybreak. He then wrote the poem originally entitled Defense of Fort McHenry which became the U.S. National Anthem in 1931.

August 5, 1861 - President Abraham Lincoln signed into law the first Federal income tax, a 3 percent tax on incomes over \$800, as an emergency wartime measure during the Civil War. However, the tax was never actually put into effect.

August 13, 1818 - Women's rights pioneer Lucy Stone (1818-1893) was born near West Brookfield, Massachusetts. She dedicated her life to the abolition of slavery and the emancipation of women and aided in the founding of the American Suffrage Association.

August 15, 1969 - Woodstock began in a field near Yasgur's Farm at Bethel, New York. The three-day concert featured 24 rock bands and drew a crowd of more than 300,000 young people. The event came to symbolize the counter-culture movement of the 1960's.

August 17, 1978 - The first transatlantic balloon trip was completed by three Americans; Max Anderson, Ben Abruzzo, and Larry Newman, all from Albuquerque, New Mexico. Starting from Maine on August 11th, they traveled in Double Eagle II over 3,000 miles in 137 hours, landing about 60 miles west of Paris.

August 18, 1920 - The 19th Amendment to the U.S. Constitution was ratified, granting women the right to vote.

August 21, 1959 - President Dwight D. Eisenhower signed a proclamation admitting Hawaii to the Union as the 50th state.

August 26, 1873 - American inventor Lee De Forest (1873-1961) was born at Council Bluffs, Iowa. He held hundreds of patents for inventions and was also a pioneer in the creation of wireless radio broadcasting and television.

—<https://www.historyplace.com>

Savor The Rocky Ford Cantaloupe Season

While Palisade is known for its peaches and Pueblo is known for its green chiles, Rocky Ford is best known for its cantaloupes. The harvest begins in mid-July and runs through mid-September, with the prime time for picking in August. On average, the seasonal crops produce about four million cantaloupes to be sold to nearby farmers' markets, grocery stores, and local roadside stands.

These cantaloupes are said to be the best in the world. This is due to the growing conditions' combination of extremely hot days, cool nights, and fresh water from the nearby Arkansas River.



Southwind Civic Association

710 E. Geddes Ave. • Centennial, Colorado 80122

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News Articles

The deadline for news articles is the 15th of the month before the next month's issue. Please email news articles to **Hank.victorial@gmail.com**. No endorsement of any product or service is implied or stated by its inclusion in the newsletter.

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**Newsletter Connections: 303-979-7499 or
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To find ad rates and discounts, go to
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Pick Peaches In Palisade

Colorado may not be known for the abundance of fruit it grows, but we are certainly proud of the peaches that come from the bountiful farms in Palisade. Found along the Western Slope near Grand Junction, the town is home to numerous farms, orchards, and vineyards that grow everything from wine-producing grapes to the juiciest peaches around.

The entire harvest season runs from late June to early October. While you can purchase Palisade peaches from almost any grocery store or at your local farmer's market, one of the most memorable ways is to pick your own. Choose from over 30 farms in the area, where you can schedule a time to stroll the fields and find the perfect peaches.



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National Water Quality Month

National Water Quality Month is dedicated to making the most of the relatively small amount of fresh water we have. Clean water is vital to our individual health, our collective agricultural needs, and our environment.



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Try Stand Up Paddleboarding

Cool off this summer with one of the most popular water sports in the state: stand-up paddleboarding (SUP). SUP involves standing on top of a large surf-like board while using a long handheld paddle to navigate the waters. Gaining quite a bit of popularity over recent years, it's a fun alternative to boating or canoeing at Colorado's lakes and reservoirs. While there are plenty of spots to choose from such as Chatfield Reservoir, Cherry Creek State Park, Boulder Reservoir, and Horsetooth Reservoir, there are also several others throughout the state that make for a great day of SUPing. Here are a few notable ones:

- **Blue Mesa Reservoir** – A massive reservoir located near Durango that offers nearly 100 miles of shoreline and numerous scenic outlooks.
- **Grand Lake** – Colorado's largest and deepest natural lake near Grand Lake, CO.
- **Dillon Reservoir** – Surrounded by the towns of Frisco, Silverthorne, and Dillon, the Dillon Reservoir is a favorite summertime escape.
- **Lake Pueblo State Park** – The state park is home to a large reservoir with plenty of room for paddling. Plus, with its unique rocky shoreline, there's plenty to admire from your board.
- **Lake San Cristobal** – Located near Lake City, this pristine lake offers some of the calmest, bluest waters around.

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Back-to-School Traditions

In anticipation of another school season, not to mention all the shopping that comes with it, these first-day-of-school traditions and ideas will help get kids in the headspace for a new year.

- **Have a show-and-tell dinner on the first night.** Family dinners are always important, but make it a back-to-school tradition to allow the kids to tell you everything about their first day, from the friends they haven't seen over the summer to the classroom layout or what they had for lunch.

- **A day-one surprise.** Celebrate the first day in style with a visit from the First Day of School Fairy. She can deliver a few back-to-school school supplies and an encouraging note for the new year.

- **Customize something.** You can order specialized pencils with their name or label their new water bottle, but allowing your kids to stake their claim on school gear can help them feel confident about heading back to school.

- **Make an awesome breakfast.** You'll be throwing cereal and milk at the kids soon enough, so why not whip up a fancy breakfast for their first day? It'll keep your kids full, and make them look forward to getting up early!

- **Read a special book the night before.** Whether it's *Oh, The Places You'll Go!* or *Miss Nelson Is Missing!*, find a classic picture book that'll get your kids ready to start the new year.

- **Make a sundae bar.** This sweet, simple back-to-school tradition will calm anyone's jitters about heading back to school. Put your favorite toppings in jars and make them meaningful with labels encouraging the qualities you'd like to see demonstrated throughout the new year. Have your little

scholar cover their ice cream in kindness, bravery, obedience, and happiness, then top it off with sprinkles of love.

- **Celebrate School Year's Eve.** You celebrate New Year's Eve, so why not do the same for School Year's Eve? Get poppers or noisemakers, provide treats, and throw a little dance party. It'll get your students excited for what's to come, and it's a great way to include other fun first-day-of-school ideas on this list.

- **Have a back-to-school dinner.** Making a favorite meal and celebrating the start of another school year with an awesome dinner in their honor will always make your kids feel special.

- **Have a special activity for the end of the first day of school.** Whether you take them to their favorite park to burn off that first-day anxiety, have a craft planned, or grab an ice cream and talk, it's easy to make the first after-school afternoon unique.

- **Write a sidewalk chalk message.** If there's a sweeter first day of school tradition than a chalk message outside the front door, we haven't found it. Go all out or keep it simple—either way, it's an extra boost to help ease those first-day jitters. If your first day is distance learning, surprise the kids with a message they can see from the window or on a quick preschool start walk.

- **Pack a super special lunch.** Packing their lunch in a special lunchbox or bento box with a treat or a lunchbox joke is a great first-day-of-school idea! Get your kids involved by asking them what they want, and have them help you get it ready.

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