

# ABERDEEN CONNECTIONS

Monthly Newsletter of Aberdeen Village



August 2025: Aberdeen Connections

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## Upcoming 2025 Meetings & Events Calendar

**Ladies Brunch:** Saturday, September 27  
from 10:30-1:00pm at 6145 S  
Longview St, home of Lori Frasier



### Board Meetings:

August 14; October 9; December 11

**Annual Picnic:** August 23

**Annual Holiday Party:** December 6

**Annual Lighting Contest:** December 13

*Optimism doesn't mean that you are blind  
to the reality of the situation. It means  
that you remain motivated to seek a  
solution to whatever problems arise.*

—The Dalai Lama

## Aberdeen Village Dues Request

Please scan the QR code below to send  
the \$30 annual fee to the Treasurer.

Mary Pat Valdes

@MaryPat-Valdes



**venmo**

## Board Member Letter

### Why Bindweeds Are Horrible:

### A Menace to Gardens and Ecosystems

Bindweeds are often considered among the most problematic and detestable weeds by gardeners, farmers, and land managers alike. Despite their delicate, trumpet-shaped flowers that might seem pretty at first glance, bindweeds are invasive,

aggressive, and notoriously difficult to control. Their ability to smother other plants, their deep and persistent root systems, and their rapid spread make them one of the most destructive and frustrating weeds in both agricultural and residential settings.

One of the most prominent reasons bindweeds are horrible is their extraordinary tenacity. Unlike many common garden weeds that can be pulled up by hand, bindweed possesses a deep and extensive root system. Often reaching down 10 feet or more into the soil. Even the smallest fragment of root left behind after weeding can regenerate into a new plant. This makes mechanical

removal almost futile without extreme and repeated effort. Many gardeners who believe they have eradicated bindweed from their flowerbeds are dismayed to find it returning again and again, year after year.

In addition to its persistence, bindweed is an aggressive competitor. It wraps itself around the stems of nearby plants, climbing them in a choking spiral. This not only deprives the host plants of sunlight but can also cause physical damage, especially to tender shoots and stems. In vegetable gardens and flower beds, bindweed can reduce yields, stifle growth, and in some cases, completely overwhelm and kill young or weak plants. For farmers, bindweed is a significant economic burden. It competes with crops for water, nutrients, and sunlight, thereby reducing yields and increasing the cost of labor and herbicide use.

Bindweed also spreads alarmingly fast. It can reproduce both by seed and vegetatively through its root system. A single plant can produce hundreds of seeds, which can remain viable in the soil for decades. Birds, wind, water, and contaminated soil can all help distribute the seeds over wide areas. Its underground rhizomes also send out new shoots horizontally, quickly invading surrounding areas and establishing new colonies.

*continued on page 2*

## Board Member Letter, *continued from front*

Another concern is the ecological impact of bindweed. In natural ecosystems, it displaces native plant species, reducing biodiversity and altering habitat structure for insects, birds, and other wildlife. Once established, it can be nearly impossible to eradicate without resorting to broad-spectrum herbicides, which often damage non-target plants and contribute to chemical buildup in the soil and waterways.

In short, bindweed is not just a nuisance, it's a botanical nightmare. Its attractive flowers mask a ruthless invader that is nearly impossible to fully remove once it takes hold. Whether you're a backyard gardener trying to protect your tomatoes or a farmer looking to maintain crop yields, bindweed presents a relentless and demoralizing challenge. Its ability to smother plants, resist removal, and spread across landscapes makes it one of the most hated weeds in the world of horticulture and agriculture. For all these reasons, bindweed truly earns its reputation as a horrible plant.

— Katrina Ellingboe, Board Member

## National Farmers Market Week, August 6-12

National Farmers Market Week is a great opportunity to show the nation how much value markets bring to their communities. With fun events, specials, contests, and activities, the week helps to boost market attendance and visibility.



**This Space  
Intentionally Left Blank  
for Teen Services**

## Aberdeen Village Association Officers and Directors

*If you have questions regarding a neighborhood issue, please feel free to reach out to a member of the Aberdeen Village Improvement Association.*

President	Beverly Maxwell	
Vice-President	Cathy Holtestaul	303-588-3237
Secretary	Steve Natali	303-882-3814
Treasurer	Mary Pat Valdes	303-898-3676
Board Members	Mark Hojegan	303-709-4391
	Tim Melchior	303-521-4229
	Jim Watt	303-810-7155
	Katrina Ellingboe	303-549-2080
	Paul Boykin	720-878-5194
Newsletter Editor	Deana Moore	
Editorial Assistant	Jane Hooper	

*Email comments, questions or concerns to:  
avneighbor1955@gmail.com*

## News Articles

The deadline for news articles is the 5th of the month before the next month's issue, except for the January issue which is December 1. Please email news articles to the editor at **avneighbor1955@gmail.com**. Note your name and include a daytime phone number (we won't publish it) in case there are any questions. Letters to the editor may be printed without the author's name if requested.

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## Advertise in this Newsletter!

The deadline for advertisements is the 15th of the month for the next month's issue, except for the Jan. issue which is Dec. 6th.

**Newsletter Connections: 303-979-7499 or  
info@newsletterconnections.com**

To find ad rates and discounts, go to  
**NewsletterConnections.com** or scan QR code.



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Find more professionals to suit your needs on our Service Provider Directory at [NewsletterConnections.com](http://NewsletterConnections.com).

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Classified ads are \$3.00/line (about 40 characters/line). Contact Newsletter Connections at 303-979-7499 or [info@NewsletterConnections.com](mailto:info@NewsletterConnections.com) to place an ad. To view our display ad prices, visit our website at [www.NewsletterConnections.com](http://www.NewsletterConnections.com). The deadline for placing a classified or display ad is the 15th of the month for the next month's issue (i.e., 15th of Sept. for Oct. issue), except the January issue, which has a deadline of December 6th. Residents placing ads to sell household items are not charged a fee.



**Western Welcome Week**  
Celebrating Community

## Littleton Downtown Historic District Walking Tours

August 15, 2025, at 5:00 pm and 6:00 pm during Welcome Western Week

Travel back in time with a tour of buildings, lives, and events on a one-hour plus walking tour of the Littleton Downtown Historic District. During the tour, you will learn about the history of the building, including the architecture, and the people who owned them.

The tours are free, but donations are appreciated and include a free 2025 membership to Historic Littleton, Inc. You do not need reservations to attend. The historic tours are guided by Historic Littleton, Inc., which is a 501(c)3 non-profit organization.

To take the tour, meet at the Depot Art Gallery, 2069 West Powers Avenue, 500 feet north of the Littleton Courthouse. Come early and enjoy the art and history of the train depot and caboose.

There will be two tours on August 15 (one at 5 pm and one at 6 pm). If you miss this one, you can attend a tour every first Friday of the month at 6 pm, from May through October.

— [www.hlinec.org](http://www.hlinec.org)

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## TENNIS AND PICKLEBALL LESSONS FOR ALL AGES

My name is **Rick Escobedo** and I just moved into the neighborhood. I've been coaching tennis and pickleball for 6 years and love to teach to all levels of students. I understand the importance of teaching adults and kids the fundamentals of the game, along with general core beliefs of being an athlete. Keeping lessons fun and exciting I apply "Teaching for Transfer" which allows students to draw from other sports they are involved in to help cross train and apply to tennis and pickleball. Whether you are an advanced player looking for drills practice or a novice new to the game I would like to hit with you. High School students, this is a great time to get a head start on the upcoming season.

**Call 303-907-4477 for rates and to book a lesson.**



## Back-to-School Traditions

In anticipation of another school season, not to mention all the shopping that comes with it, these first-day-of-school traditions and ideas will help get kids in the headspace for a new year.

- **Have a show-and-tell dinner on the first night.** Family dinners are always important, but make it a back-to-school tradition to allow the kids to tell you everything about their first day, from the friends they haven't seen over the summer to the classroom layout or what they had for lunch.

- **A day-one surprise.** Celebrate the first day in style with a visit from the First Day of School Fairy. She can deliver a few back-to-school school supplies and an encouraging note for the new year.

- **Customize something.** You can order specialized pencils with their name or label their new water bottle, but allowing your kids to stake their claim on school gear can help them feel confident about heading back to school.

- **Make an awesome breakfast.** You'll be throwing cereal and milk at the kids soon enough, so why not whip up a fancy breakfast for their first day? It'll keep your kids full, and make them look forward to getting up early!

- **Read a special book the night before.** Whether it's *Oh, The Places You'll Go!* or *Miss Nelson Is Missing!*, find a classic picture book that'll get your kids ready to start the new year.

- **Make a sundae bar.** This sweet, simple back-to-school tradition will calm anyone's jitters about heading back to school. Put your favorite toppings in jars and make them meaningful with labels encouraging the qualities you'd like to see demonstrated throughout the new year. Have your little

scholar cover their ice cream in kindness, bravery, obedience, and happiness, then top it off with sprinkles of love.

- **Celebrate School Year's Eve.** You celebrate New Year's Eve, so why not do the same for School Year's Eve? Get poppers or noisemakers, provide treats, and throw a little dance party. It'll get your students excited for what's to come, and it's a great way to include other fun first-day-of-school ideas on this list.

- **Have a back-to-school dinner.** Making a favorite meal and celebrating the start of another school year with an awesome dinner in their honor will always make your kids feel special.

- **Have a special activity for the end of the first day of school.** Whether you take them to their favorite park to burn off that first-day anxiety, have a craft planned, or grab an ice cream and talk, it's easy to make the first after-school afternoon unique.

- **Write a sidewalk chalk message.** If there's a sweeter first day of school tradition than a chalk message outside the front door, we haven't found it. Go all out or keep it simple—either way, it's an extra boost to help ease those first-day jitters. If your first day is distance learning, surprise the kids with a message they can see from the window or on a quick preschool start walk.

- **Pack a super special lunch.** Packing their lunch in a special lunchbox or bento box with a treat or a lunchbox joke is a great first-day-of-school idea! Get your kids involved by asking them what they want, and have them help you get it ready.

– <https://tinybeans.com>

## 2025 DENVER BRONCOS SCHEDULE

Mark Hojegan @ 303.709.4391  
Aberdeen Resident & Board Member  
[Mark@DenverHomeLifestyles.com](mailto:Mark@DenverHomeLifestyles.com)



### Preseason Games

Week	Date	Opponent	Time	Result	Score
1	Sun, Aug. 10	@ 49ers	6:30 PM	Win Loss	
2	Sun, Aug. 17	vs Cardinals	7:30 PM	Win Loss	
3	Sun, Aug. 24	@ Saints	11:00 AM	Win Loss	

### Regular Season Games

1	Sun, Sept. 7	vs Titans	2:05 PM	Win Loss	
2	Sun, Sept. 14	@ Colts	2:05 PM	Win Loss	
3	Sun, Sept. 21	@ Chargers	2:05 PM	Win Loss	
4	Mon, Sept. 29	vs Bengals	6:15 PM	Win Loss	
5	Sun, Oct. 5	@ Eagles	11:00 AM	Win Loss	
6	Sun, Oct. 12	@ Jets (London)	7:30 AM	Win Loss	
7	Sun, Oct. 19	vs Giants	2:05 PM	Win Loss	
8	Sun, Oct. 26	vs Cowboys	2:25 PM	Win Loss	
9	Sun, Nov. 2	@ Texans	11:00 AM	Win Loss	
10	Thu, Nov. 6	vs Raiders	6:15 PM	Win Loss	
11	Sun, Nov. 16	vs Chiefs	2:25 PM	Win Loss	
12	BYE WEEK				
13	Sun, Nov. 30	@ Commanders	6:20 PM	Win Loss	
14	Sun, Dec. 7	@ Raiders	2:05 PM	Win Loss	
15	Sun, Dec. 14	vs Packers	2:25 PM	Win Loss	
16	Sun, Dec. 21	vs Jaguars	2:05 PM	Win Loss	
17	Thu, Dec. 25	@ Chiefs	6:15 PM	Win Loss	
18	Sun, Jan. 4	vs Chargers	TBD	Win Loss	



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