

# SUNSET ON JACKASS HILL

August 2023

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## Water Safety Tips

- DO learn to swim. If you like to have a good time doing water activities, being a strong swimmer is a must.
- DO take a friend along. Even though you may be a good swimmer, you never know when you may need help. Having friends around is safer and just more fun!
- DO know your limits. Watch out for the “too’s” - too tired, too cold, too far from safety, too much sun, too much hard activity.
- DO swim in supervised (watched) areas only, and follow all signs and warnings.
- DO wear a life jacket when boating, jet skiing, water skiing, rafting, or fishing.
- DO stay alert to currents. They can change quickly! If you get caught in a strong current, don't fight it. Swim parallel to the shore until you have passed through it. Near piers, jetties (lines of big rocks), small dams, and docks, the current gets unpredictable and could knock you around. If you find it hard to move around, head to shore. Learn to recognize and watch for dangerous waves and signs of rip currents - water that is a weird color, really choppy, foamy, or filled with pieces of stuff.
- DO keep an eye on the weather. If you spot bad weather (dark clouds, lighting), pack up and take the fun inside.
- DON'T mess around in the water. Pushing or dunking your friends can get easily out of hand.
- DON'T dive into shallow water. If you don't know how deep the water is, don't dive.
- DON'T float where you can't swim. Keep checking to see if the water is too deep, or if you are too far away from the shore or the poolside.

—<https://www.cdc.gov>



## Prepare For Back To School

**Back To School Shopping:** Get your kids involved in back to school shopping and it won't seem like such a chore. Set spending limits for items such as clothing, shoes and backpacks and allow them to pick out what they like best, whether online or in a store. By doing this early, you'll avoid long lines at stores and anxiety at home in the days before classes commence. If your child must wear a uniform, make sure they have what they need before the first day. And don't forget to set up a comfortable home study space if they will be distance learning.

**Create a Message Center:** Life can be chaotic during the school year with all those online class meetings, sports practices and rehearsals. Create a message center so everyone in the family can keep track of schedules and appointments. You can build a home message center or purchase one that is ready to go.

**Stock up on Supplies:** Whether you homeschool your child or send them off to a private or public school, there's a good chance they'll need some supplies. Many schools provide a list of everything your child will need. Stock up on pencils, erasers, markers and rulers now so they are ready to go on day one. And keep your school supplies organized so you can find everything when you need them.

**Get a Lap Desk:** A lap desk is perfect for doing school assignments on the go. It can function as a laptop stand, travel desk, breakfast table, kids study desk and much more. There's also extra storage space under the desktop. And the legs fold in flat, making these trays easy to store and portable. It's the perfect accessory for your school technology.

**Prepare for Morning:** Now's the time to prepare for those hectic early mornings. Get in the habit now of making lunches the night before. About two weeks before school starts, have your children go to bed a little earlier each night and wake up to an alarm clock so they're ready for the first day.

**Get An Insulated Lunch Box:** Back to school also means packing your child's lunch each morning. This insulated lunch box will keep everything cool (or warm) until they're ready to eat.

**Make Sure Work is Completed:** Was your child assigned school work to complete over the summer? Make sure they've done their reading and any summer homework packets.

**Create a Backpack Station:** Set up a backpack and coat station. This can be installed in an entryway or mudroom as a designated spot for kids to hang their belongings when they come home each day. It can also help cut down on clutter.

**Choose Outfits:** Get your kids in the habit of choosing clothes for the week on Sunday. Have your child lay out his or her clothes that they plan to wear the night before. Not only will this make mornings less chaotic, but it may even help cut down on your laundry throughout the week.

—<https://www.familyhandyman.com>

## A Glance At 2023

While interest rates remain elevated 2023 has been a cautious market. Buyer activity has been steady, but lower. Sellers, have been slow to market. 21,000 homes have hit the market in the Denver area, compared to a last 10-year average of 29,000 homes. But see the correlation? A 33% decline in buyer activity and a 28% decline in seller activity. What does that create? Stability.

While interest rates remained elevated, buyers overcame the emotion of the change and are allowing life conditions to drive their real estate purchases rather than cheap capital.

Many homeowners have decided they are either content with their homes or in love with their payments and are making fewer discretionary moves in 2023. Instead, it is job changes, babies, divorce, and other life events that are driving more seller behavior.

The Rebound of Market Behavior is getting back to what real estate always was. A home. A place where life is experienced, love happens, families are raised, and a reflection of life rather than a piggy bank of monopoly money.

This is beautiful and might be the rebound of human behavior. Of getting back to asking some big questions like, what's most important? What do I really want? How do I really want to live my life, and what are the conditions that best allow that? What do you want?

— **Celia Zaharas, Your Trusted Real Estate Advisor**  
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## Advertising:

The deadline for advertisements is the 15th of the month for the next month's issue, except for the Jan. issue which is Dec. 6th.

To place an ad, call **Colorado Lasertype, 303-979-7499**  
 Email: **getinfo@coloradolasertype.com**

To find ad rates and discounts, go to **www.ColoradoLasertype.com** and click on the "Advertising Rates" link.

Appearance of an advertisement in this publication does not constitute a recommendation or endorsement by the publisher or the association of the goods or services offered therein. The opinions expressed in this newsletter are those of the individual authors and not of the Board of Directors of your association or the publisher. Neither the Board, publisher nor the authors intend to provide any professional service or opinion through this publication.

## Teen Services

Hire a teen from our neighborhood to help out with household chores. Teens are available for Babysitting, Pet and House Sitting, Lawn Care and Snow Removal.

To add your teen's name, please email **Colorado Lasertype** at **getinfo@coloradolasertype.com** and include the following information: the **neighborhood you live in**, your age, parent email and the categories you would like included. Categories: **(B)** Babysitting; **(\*)** Red Cross Cert for CPR; **(L)** Lawn care; **(S)** Snow removal; **(P)** Pet & House sitting. No recommendation or endorsement of any of the names on this list is implied or stated by the HOA board or Colorado Lasertype.

## National Water Quality Month

National Water Quality Month is dedicated to making the most of the relatively small amount of fresh water we have. Clean water is vital to our individual health, our collective agricultural needs, and our environment.

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- APPOINTMENT SCHEDULING, PATIENT/MEDICAL ADVOCATE, NOTE TAKER
- LETTER WRITING, VIDEOS, MEMORIAL/LEGACY/LIFE STORY PLANNING/RECORDING
- RESPITE CARE, HOSPITAL VISIT, SURGERY RECOVERY ASSISTANCE (NON MEDICAL)
- BILL PAYING, STATEMENTS, SPREADSHEETS, CHECKBOOK BALANCING
- TRANSITIONING INTO/ADJUSTING TO SENIOR INDEPENDENT OR ASSISTED LIVING
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Classified ads are \$3.00/line (about 40 characters/line). Contact Colorado Lasertype at 303-979-7499 or [getinfo@ColoradoLasertype.com](mailto:getinfo@ColoradoLasertype.com) to place an ad. To view our display ad prices, visit our website at [www.ColoradoLasertype.com](http://www.ColoradoLasertype.com). The deadline for placing a classified or display ad is the 15th of the month for the next month's issue (i.e., 15th of Sept. for Oct. issue), except the January issue, which has a deadline of December 6th. Residents placing ads to sell household items are not charged a fee.

## Farmers Market @ Aspen Grove

**Shop local!** Shop The Metro Denver Farmers' Market at Aspen Grove on Wednesday's from 10:00 am to 2:00 pm through September. The Farmers' Market will be located in the parking lot near Lululemon. It will feature local produce, food, clothing, artists, and more.

—[https://aspengrovecenter.com/event\\_listing\\_type/farmers-market/](https://aspengrovecenter.com/event_listing_type/farmers-market/)



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# FARMERS' MARKET

## MARKET ON YOUR CALENDAR

<p><b>Saturdays</b> <b>SOUTHWEST PLAZA</b> MAY 6 - OCTOBER 28 Southeast Parking Lot Wadsworth &amp; Bowles 8am-2pm or Sellout</p>	<p><b>Saturdays</b> <b>LAKEWOOD</b> JUNE 10 - SEPTEMBER 30 Mile Hi Church 9077 W Alameda Ave 10am-2pm or Sellout</p>
<p><b>Sundays</b> <b>HIGHLANDS RANCH</b> MAY 7 - OCTOBER 29 HR Town Center 9288 Dorchester St. 10am-2pm or Sellout</p>	<p><b>Wednesdays</b> <b>LITTLETON</b> JUNE 14 - SEPTEMBER 27 Aspen Grove 7301 S. Santa Fe Dr. 10am-2pm or Sellout</p>

Check out our great recipes online!

For more information call the  
Metro Denver Farmers' Market Hotline

303-887-FARM

[www.denverfarmersmarket.com](http://www.denverfarmersmarket.com)





## August Gardening Calendar

By Eileen Tully, Colorado Master Gardener, CSU

As gardeners, we enter a slower, more easy-going phase in the garden process. There's always something to do in the garden but we don't need to keep up the frenetic pace of planting-mulching-weeding that April and May demand. June's blooms may have faded, but with proper pruning some may make a reappearance in August. July's heat is over and there's still a lot of summer left.

In August harvesting our gardening efforts has begun, but we can take time to do it right, even enjoy the process. If we pay attention, August presents a wisdom not available any other time of year. The garden is maturing now. We can see our mistakes, our successes, and the intrusions on our efforts that nature presents on her own. In August there's time to look around and appreciate the garden...and then get back to work.

### MAJOR CHORES FOR AUGUST

#### Vegetables:

- Plant spinach and lettuce mid-month for a fall harvest.
- Harvest cucumbers intended for slicing when they are 6 to 8 inches.
- Onions are ready to harvest when their green tops fall over. Lift the bulbs and brush off loose soil. Bring them to a protected area like a porch or covered shed. Lay them out in a single layer on a surface that permits ventilation top and bottom. When the outer skins have turned papery place them in a mesh bag or old panty hose and place them in a dark and cool place.



- Peppers can be harvested anytime they achieve the size you need or want.
- Water tomatoes regularly until late August. After that, fruit will ripen more quickly when water is withheld.
- After harvesting and areas become empty sow cover crops, like annual rye grass, often called green manure, to build garden soil.

#### Lawn:

- Begin lawn renovation and repair. Build up low areas with garden soil and over-seed areas that are thin or bare.
- Attack persistent weeds like bindweed with a 2, 4-D product. But the ultimate goal is to grow a thick healthy turf that will choke out weeds.

#### Garden:

- Newly planted perennials, trees and shrubs need consistent watering to get established.
- Fertilize roses for the last time around August 15th. Fertilizing later may stimulate new succulent growth that could damage the plant if there is an early frost.
- Divide spring blooming perennials if needed. Ways to tell if a perennial needs to be divided is if the plant has a 'hole' in the middle and doesn't look as attractive as it used to, if blooms decrease or stop altogether or if the plant is crowding out neighboring plants.

Take advantage of plant sales. Usually starting mid-to-late-August and into September many nurseries will have plants sales with prices as much as 50% off.

—<https://tra.extension.colostate.edu>

## Real Estate Remains Strong



Thinking about Selling or making a Purchase? Do you just have questions or need Real Estate Advice? Contact me - consultations are free!

CELIA ZAHARAS | CHR COLORADO HOME REALTY

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303.949.3107 · Celia@ColoradoHomeRealty.com

