



Concerts In Clement Park

Foothills Park & Recreation District is proud to offer Concerts in Clement Park free to the public and put on for the benefit of District residents and South Jefferson County residents. This outdoor series of concerts incorporates community collaborations and grant funded performances which are free, open to the public and family friendly. Performances are held at the Grant Family Amphitheater in Clement Park. All concerts start at 7 p.m. and are held on select Thursdays.

- **July 10 – Blue 88s**
Big Band – big band jazz
- **July 17 – Michael Friedman Band**
– R&B, funk, jazz
- **July 24 – Julia Kirkwood**
– alternative pop, rock
- **July 31 – Blessing Bled Chimanga**
– African jazz and dance music
- **August 7 – Austin Zimmerman** –
folk, bluegrass, rock and roll
- **August 14 – Grunge Lite** –
90s alternative rock and pop covers

Rest is not idleness, and to lie sometimes on the grass under trees on a summer's day, listening to the murmur of the water, or watching the clouds float across the sky, is by no means a waste of time.

–John Lubbock

Property Manager

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Helping Colorado Pollinators And Wildlife With Native Plants

Pollinators have evolved to seek and find food from plants in their environment. They focus on certain colors, flower shapes, textures, and scents to find the nectar and pollen they need. Plants native to the Rocky Mountain west are naturally more attractive and important to the survival of our local pollinators.

Garden centers offer an amazing array of plants gathered from around the world and created by plant breeding facilities. Hybrids are constantly being created to offer different colors, different shapes, and different statures. Only some of these are important to the survival of key Colorado pollinators.

Pollinators require a constant supply of food, water, and shelter throughout their lifetime. A little advance planning will ensure that your yard provides these.

One key consideration is planting a mix of native plants that flower early, in the middle of the summer, and later in the fall. This provides season-long nourishment. Many plants, including penstemons, bee balm, black-eyed Susans, and blanket flowers, are popular perennials that regenerate yearly from their root system or seeds broadcast after the flowers have faded.

The same native plants that support pollinators also feed and support our local birds and animals. Birds rely on native plants including

blanket flowers, black-eyed Susans, sand cherries, choke cherries, lupines, and common yarrow for insects, nutritious seeds, and berries throughout the spring and summer nesting seasons.

Learning more about the relationship between plants and native pollinators is rewarding and environmentally valuable.

– John Ashworth, CSU Extension –
Denver Master Gardener since 2014

National Father Daughter Take A Walk Day, July 7

National Father Daughter Take a Walk Day is observed annually on July 7th. This day promotes the benefits of family bonding time between fathers and daughters as well as the benefits of physical activity.

The memories made during your time together will stay with you forever. During the summer season, there are many incredible places to walk and enjoy nature as you spend time talking, laughing, and bonding. While taking a stroll, cherish the time spent together. Your child will value the gift of the time you give no matter how old they are.

Buffalo Bill Days

Dates: July 25–27, 2025

Location: Parfet Park, Golden

Buffalo Bill Days is a historic festival dating back to the 1940s, celebrating the legacy of William F “Buffalo Bill” Cody. The event features a variety of activities, including the “Best of the West” parade, live music performances, an arts and crafts festival, children’s activities, and more.

FESTIVAL HIGHLIGHTS

“Best of the West” Parade: A Golden tradition for almost 50 years, the parade boasts over 70 head of horses, collectible cars, creative floats, fire and emergency vehicles, and several local performing and charitable groups. Buffalo Bill day parade in Golden.

Muttin Bustin: A fun event where kids get dressed up in helmets and vests and hang on to a sprinting sheep for as long as they can.

Arts & Crafts Festival: Featuring handcrafted goods from various vendors, offering unique items and artworks.

Live Music: Enjoy performances from artists like Hazel Miller, Chris Daniels & The Kings, KingPin Posse, The Fuzzheads, Red Rock Vixens, Leap Dance Studio, and Long Run – “Colorado’s Tribute to the Eagles”.

PLAN YOUR VISIT

Festival hours are Friday: 5-10 pm, Saturday: 10 am-10 pm, and Sunday: 10 am-5 pm. Free parking options include satellite lots with free shuttles, and public transportation is encouraged.

Float The Rivers And Creeks

By July, the Colorado rivers that are commonplace for tubing and kayaking have slowed down, transforming into a great spot for some lazy floating. With the summer heat at its highest throughout the low-elevation front-range urban corridor, consider heading out to Golden’s Clear Creek, one of the most popular spots for tubing. Or, you can opt to cool down at Boulder Creek. If you’re intent on staying close to your Mile High residence, hit up the convenient South Platte River. If paddleboarding is more your speed, check out the Corn Lake, Island Acres, and Connected Lakes sections of James. M. Cobb Colorado River State Park.

–<https://www.uncovercolorado.com>

Alpers Farm

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Angela Christensen

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News Articles

The deadline for news articles is the 15th of the month before the next month’s issue, except for the Jan. issue which is Dec. 10th. Please email news articles to the editor at klarson@pcms.net. All “Letters to the Editor” must be signed and include a daytime phone number in case there are any questions. Letters may be printed without the author’s name if requested.

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Berry Trifle

8 to 10 servings; Total Time: 30 mins

INGREDIENTS

- 1 angel food cake, cut into cubes
- 3.4 oz box instant vanilla pudding mix
- 2 cups cold milk
- 8 ounces cream cheese, at room temp
- 1 cup powdered sugar
- 8 ounces Cool Whip
- 2 pints blueberries, rinsed
- 2 pints strawberries, rinsed, hulled and sliced



INSTRUCTIONS

In a small bowl, combine the vanilla pudding mix with the milk and whisk for two minutes; set aside.

In a large bowl, beat the cream cheese on medium speed until smooth and creamy, 2 to 3 minutes. Reduce the speed to low and gradually add the powdered sugar. Once all of the sugar is incorporated, increase the speed to medium and beat for 1 minute, or until thoroughly combined and smooth.

Add the prepared pudding to the cream cheese mixture and gently fold and stir with a rubber spatula until completely combined. Add the Cool Whip to the bowl and fold it into the mixture until no white streaks remain.

To assemble the trifle, alternate layers of angel food cake, blueberries, the pudding mixture, strawberries and so on, until you get the top. Add a final layer of the pudding mixture, then arrange the remaining strawberries and blueberries in a decorative pattern. Serve immediately or cover and refrigerate until ready to serve. This is best served within 24 hours of making it, but leftovers can be stored in the refrigerator for up to 3 days.

—<https://www.browneydbaker.com>

Summer Concert Series

The Littleton Museum and the Friends of the Library and Museum are delighted to welcome you to the museum front lawn for the 2025 Summer Concert Series. The concert series is free, with open lawn seating on a first come, first serve basis. Concerts take place from 6:30 - 8 p.m.

- **Wednesday, July 9, 2025: The Ninety Percent 90s.** A 3-piece acoustic cover band covering the best and worst hits from the 90s.
- **Wednesday, July 16, 2025: The ThreadBarons.** A combination of Americana, folk, classic rock, folk rock, and garage rock.
- **Wednesday, July 23, 2025: Dakota Blonde.** Acoustic folk, bluegrass, acoustic rock music, part singer/songwriter, and sometimes even Celtic.

The show goes on in the rain. In the event of extreme temperatures, strong wind, downpours, severe weather warnings, and/or lightning near the Museum may cancel or delay a show for a short time.

—<https://www.museum.littletonco.gov/Events-Programs/Summer-Concert-Series>

Spend A Day At The Beach

Many reservoirs throughout the state include spacious beach spots perfect for sunbathing, swimming, picnics, SCUBA diving, and more. Notable ones include Cherry Creek State Park, Chatfield State Park, Lake Dillon Reservoir, and the Boulder Reservoir. Pack a picnic, bring some towels and an umbrella, and soak in some sun.

—<https://www.uncovercolorado.com>

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Robyn Wise
Class of 2007 (Alumni, Parent & Staff)

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National Parents' Day

National Parents' Day honors all parents on the fourth Sunday in July. No matter where our parents may be, this day serves to celebrate their important role in our lives.

In May we celebrated mothers, and in June we celebrated fathers. It follows that in July we can bring all our parents together and show them some appreciation all at once.

Parents play a vital role in the lives of children. From our birth, parents protect, teach, provide, and serve as role models. As part of a family, we look to them for guidance. We mirror their behavior and learn to be a core part of our communities.

I think of a hero as someone who understands the degree of responsibility that comes with his freedom.

—Bob Dylan

Additional Places to Recycle

- **Rooney Road Recycling:** Schedule an appt, Wednesday or Saturday from 8am to 1:30pm
- **Green Sheen Paint:** 1055 S Jason St., Denver, 303-514-3955. Mon.-Sat. all day, 8am-4pm. Paint must be in original can w/ label attached. You can recycle oil, latex, stain and acrylic paints. No paint thinner or flammables. Aerosol cans: \$1/per.
- **AAA Propane:** 7405 W 44th Ave, Wheat Ridge, CO 80033, 303-425-7623. They will accept 20# & 30# tanks of any shape for recycling.

YourJeffco App

Allows Citizens to Submit Road Maintenance Requests

Jefferson County is excited to announce the implementation of a new website and app, YourJeffco, that enables citizens, visitors, and business owners in the county to report issues and concerns about roads and bridges maintained by Jefferson County (outside of city limits in unincorporated Jeffco). Reporting a pothole, flooded road, downed tree, graffiti, or scores of other issues is now as simple as pulling out a smart-phone. <https://www.jeffco.us/4492/YourJeffco>

Download the Your Jeffco Android app: <https://play.google.com/store/apps/details?id=com.qscend.report2gov.yourjeffco&hl=en&gl=US>

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YourJeffco integrates directly with the county's citizen request management software, QAlert. This integration allows users to submit comments and photos when notifying Jefferson County staff about an issue. Through YourJeffco, those submissions are then routed to appropriate departments or individuals for handling and resolution. Once your request is submitted, you can receive updates (via text, email or phone) while requests are addressed and resolved.

The summer night is like a perfection of thought.

—Wallace Stevens



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*In the summer, the days were long,
stretching into each other. Out of school,
everything was on pause and yet
happening at the same time,
this collection of weeks when
anything was possible.*

—Sarah Dessen

*July is hollyhocks and hammocks, fireworks and vacations,
hot and steamy weather, cool and refreshing swims,
beach picnics, and vegetables all out of the garden.*

—Jean Hersey

*July, with its days of blue skies and time that
seemingly stands still, holds a special place in my heart.*

—Daisaku Ikeda

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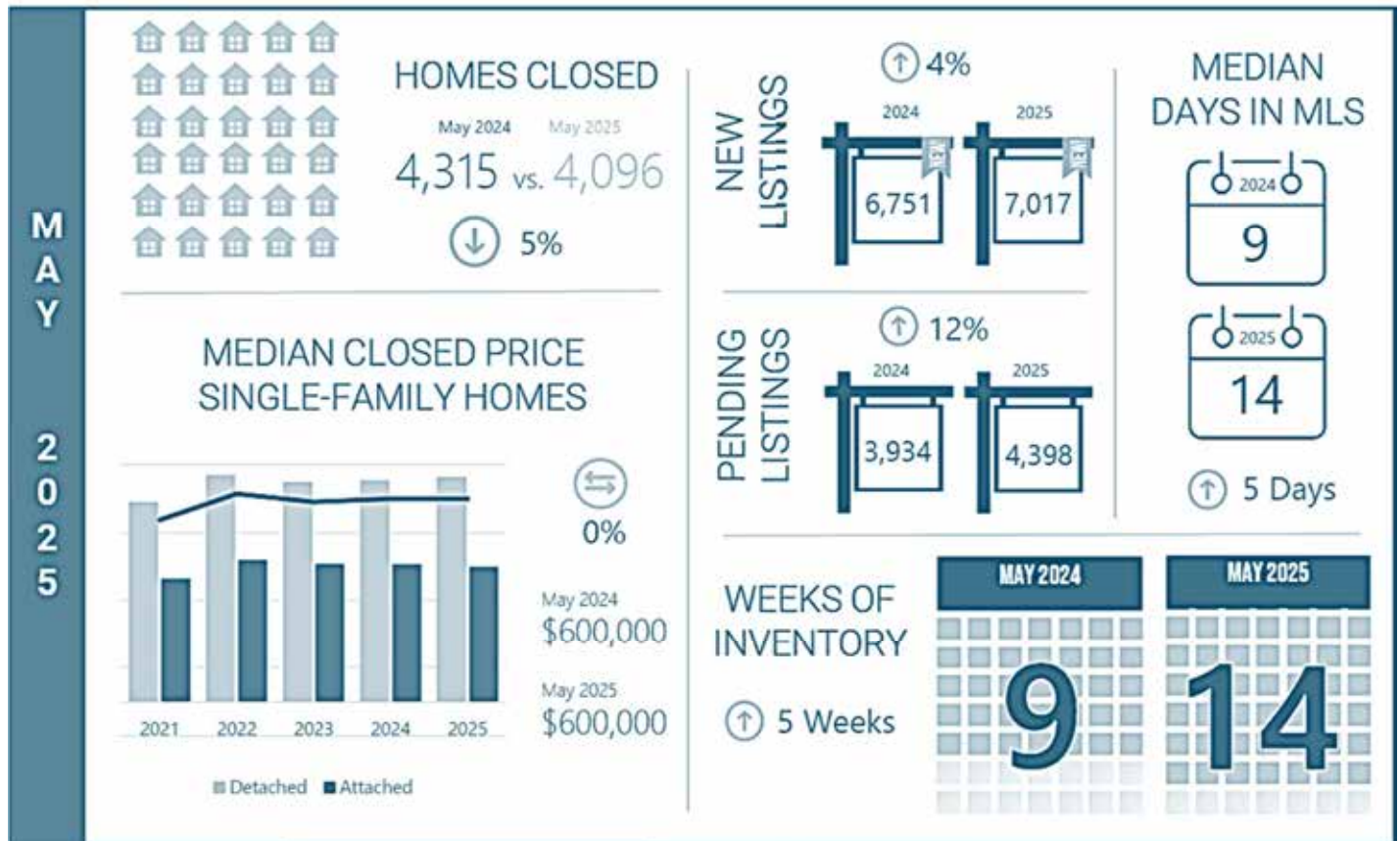
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