## Film On The Rocks 2024

Film on the Rocks is back for its 25th season with five events throughout the summer! Each film is preceded by live entertainment to kick off the evening. Film on the Rocks is a collaborative production of Denver Film and Denver Arts & Venues. Open Captions provided for all films in the series.

Price per ticket: \$20

Time: Doors open at 6:30 pm,

Entertainment starts at 7:00 pm,

Film starts at dusk

#### **SCHEDULE:**

Monday, June 10: The Matrix Monday, June 24: Shrek

Monday, July 8: The Wizard of Oz

Monday, July 15: Deadpool

Monday, August 19: Mad Max: Fury Road – https://www.redrocksonline.com/film/

## Concerts In Clement Park

Foothills Park & Recreation District is proud to offer Concerts in Clement Park free to the public and put on for the benefit of District residents and South Jefferson County residents. This outdoor series of concerts incorporates community collaborations and grant funded performances which are free, open to the public and family friendly. Performances are held at the Grant Family Amphitheater in Clement Park. All concerts start at 7 p.m. and are held on select Thursdays.

- June 6: Jubilingo rock, blues, soul, folk
- June 13: Little Moses Jones –
   1990s and 2000s R&B, hip hop
- June 20: Vamonos Pest classic alternative rock
- June 27: 101st Army Country Band & Woodwind Quintet – country
- July 11: The Grass Project Bluegrass, progressive instrumental
- July 18: Roka Hueka Latin ska, rock, cumbia, reggae
- July 25: Groove 'N Motion variety band, R&B, funk
- August 1: SoundTrack Chamber Orchestra

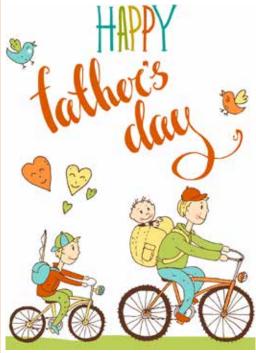
   orchestral movie soundtrack
- August 8: Julia Kirkwood alternative pop, rock

June 2024

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## Father's Day Activities That Are Fun For The Whole Family

TAKE A WOODWORKING CLASS: There's something about crafting something from wood that's so rewarding. Whether your guy is already a master carpenter or just interested in learning more about the skill, attend a local woodworking class or sign up for one online. Even if he just ends up making a footstool or chopping board, it's a fun project and he gets to keep the fruit of his hard work as a sweet Father's Day memory.



BUILD A MODEL: Remember the days of carefully making a miniature car, tank, rocket or other model kit? Your dad probably does, too, and would probably love to make one again. Order a kit online or head to the hobby store to find the project that suits him best. If you've got the time, join him in the project. After all, time spent together on Father's Day is the best gift you can give your dad.

CREATE A MAN CAVE: Does your dad have a space all his own? If not, help him make a man cave where he can retreat to watch all his favorite shows on TV or tinker around without worrying about messing up the throw pillows. No need to have a spare room or basement, just a spot or corner where he can kick back and chill.

**GO GOLFING**: Dads and golf go together like, well, dads and golf. You can't go wrong being his caddy for the day while he practices his chip shot on the fairway. Not much of a golfer? No worries, miniature golf is a blast and an activity the whole family can join in on.

**PLAN A FISHING TRIP**: Catching fish is usually less important than the time spent out on the water taking in the scenery and enjoying the great outdoors. Whether you nab a couple for dinner or just toss back a few beers while hanging out with your dad, you can't go wrong taking him fishing on Father's Day.

**BUILD A BIRDHOUSE**: Spend the day building a birdhouse together either from scratch or using an easy DIY kit. Along with encouraging his favorite fowl to nest nearby, the time you spend working together on the project is sure to leave you with lasting memories.

**PLAY PICKLEBALL**: Think tennis meets ping pong, and you've got the latest sports craze taking over the country. Pickleball courts are popping up everywhere, so find one near you and take Dad for a fun day out in the sun.

#### Weed Your Garden Day

National Weed Your Garden Day on June 13th each year serves as a reminder to all gardeners to take an extra 5 or 10 minutes while weeding their gardens.

One of the best gardening tips is to stay in control of your garden. Unfortunately, weeds grow fast, very fast. With inattention, they can soon become overwhelming. Giving daily attention to your garden makes it easier to maintain. Weeding 5 or 10 minutes each day will make the job seem bearable. It might even be enjoyable. This way you will be in control, and the weeds will not!

# This Space Intentionally Left Blank for Teen Services



### Panorama Ridge

Homeowners Association http://panoramaridge.net/ Board Members

David Nelson (President), dave.nelson@ymail.com Thomas McNamara Mark Krohnfeldt

#### Property Manager with MSI

Angela Patton, Apatton@msihoa.com

#### Advertise in this Newsletter!

The deadline for advertisements is the 15th of the month for the next month's issue, except for the Jan. issue which is Dec. 6th.

Newsletter Connections: 303-979-7499 or info@newsletterconnections.com



To find ad rates and discounts, go to **NewsletterConnections.com** or **scan QR code**.

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#### Father's Day, continued from front page

BUILD A FORT: Make him feel like a kid again by building a fort for Father's Day. If you're up to the task, install a shed. After all, everyone knows that sheds are really just forts for grown-ups. For a temporary solution, throw sheets and blankets over a few chairs and call it a day.

**RENT A BOAT OR KAYAK**: If you're lucky enough to own a kayak or boat, there's no better day to take it out — weather-permitting, of course. Otherwise, find a local place with available rentals, so you can spend Father's Day out on the water.

ICE CREAM SUNDAE BAR: There's nothing dads like more than ice cream. Nothing. Assemble a sweet spread, complete with an assortment of ice cream flavors and toppings. Hand him a super-size bowl and spoon, then let him eat to his heart's content.

HOST A BACKYARD MOVIE NIGHT: Transform your backyard into a movie theater. Pick up an outdoor projector or rent one from a local rental store, so you can get a taste of underthe-stars viewings before you make the splurge. Once you've got everything sorted out, invite the neighbors, pop some corn and press play.

**HOST FATHER'S DAY DINNER**: Sometimes simple is the best way to go. For the guy who enjoys hanging out at home, make his favorite dinner or try a new Father's Day dinner recipe to shake things up. Wrap up the day by watching a dad-inspired movie or taking him out for ice cream.

-https://www.today.com/life/holidays/



#### Colorado Family Attractions For Kids 10 & Under

Elitch Gardens Theme & Water Park, Denver: Ride scream-inducing roller coasters, little-kid-friendly rides and slippery water slides. (Check website for seasonal hours.)

**Children's Museum of Denver:** Learn about the world in the museum's child-sized grocery market, fire station and construction workshop.

**Denver Zoo:** See the more than 3,500 animals that call the 80-acre zoo home. The monkey and big cats exhibits are among the top crowd pleasers.

**Downtown Aquarium, Denver:** Feed a slippery stingray and gaze at hypnotically moving jellyfish, stealthy sharks and frisky fish of every color.

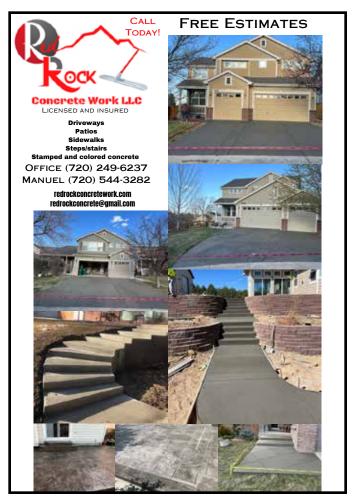
Butterfly Pavilion and Insect Center, Broomfield: Walk through a tropical rainforest habitat filled with free-flying butterflies. Sniff exotic plants, pet a sea star and hold a tarantula.

**Denver Museum of Nature & Science:** Watch an out-of-this-world show at the planetarium and IMAX theater. Tour exhibits about space, gems and minerals, dinosaurs and the color spectrum.

**Denver Art Museum:** Explore, learn and play. Get creative with hands-on activities for all ages, relax in one of the family fun areas and discover world-class art.

Colorado Railroad Museum, Golden: Stroll the museum's 15-acre railyard featuring more than 100 railcars. Most Saturdays (and select Tuesdays) you'll also find train rides! Check the museum's train-ride schedule before you go.

-https://www.colorado.com



#### **June Is Colorado Pollinator Month**

When people hear the word "pollinators" they usually think of bees, but ants, beetles, butterflies, flies, hummingbirds, and moths are also primary pollinators in our state. Pollination is the transfer of pollen to stigma, within or between flowers and plants. A plant's flowers need to be pollinated to complete their life cycle of producing fruit and seeds that make more plants.

Pollinators are nearly as important as sun, soil, and water in the production of most fruits and vegetables. According to the U.S. Department of Agriculture, over three-quarters of the staple crops that feed the world rely on animal pollination. On a small scale, a lack of pollination results in a fruitless tree. However, since many of the foods we eat require pollination on a larger scale that could mean a shortage to our food supply. So, the month of June has been officially designated as pollinator month to help bring awareness to the importance of pollinators.

Here are a few action items to protect these important contributors to food production and beauty in our world:

- Plant flowers in groups. Groupings or clumps of plants will attract more pollinators than single plants scattered.
   A bee or butterfly will feed more if they don't have to travel too far between plants.
- Think of providing flowers throughout the season.
   Plant a variety of plants that flower at different times to
   offer continuous pollen and nectar sources. A few examples of spring plants could include blue flax, allium,
   crocus, and serviceberries. For summer you might try
   blanket flower, bee balm, lavender, and sage. For fall,
   hyssop, coreopsis, common sunflower, and golden rod.

- Use insecticides carefully, if at all. This is self-explanatory!
- Grow native flowering plants which are adapted to local soil and climate. Plant Select has many great plant recommendations that are suited to Colorado and known for their hardiness and low water consumption. For a good list of native plants, check out the CSU Extension Website for the fact sheets: NativeHerbaceous Perennials for Colorado Landscapes 7.242 and CreatingPollinator Habitat 5.616

It is quite amazing but there are over 950 species of bees



in Colorado alone. Did you know that hummingbirds can fly backwards and upside down? Also, the average lifespan of those beautiful adult butterflies is roughly three to four weeks so take a moment to look around in your yard and notice the pollinators and be kind to them this June and always!

- https://csuhort.blogspot.com

#### **National Flag Day**

On June 14th, National Flag Day honors Old Glory and commemorates the adoption of the United States flag on June 14, 1777. The holiday is a day that Americans show respect for the U.S. Flag and what it represents. Representing independence and unity, the Star-Spangled Banner has become a powerful symbol of Americanism and the flag is flown proudly.



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#### The Best Family Podcasts For Road Trips

Have summer travel plans? Tune in to one of these podcasts to help pass the time. Quell the insistent "Are we there yet?" questions with entertainment that inspires and teaches kids something new. These podcasts have adventure at their core, so your young travelers will get excited about their audio journey, and destination.

Camp Adventure is a 12-episode series filled with camp-themed segments such as mail time, sing-alongs, and games. Counselors Ben and Hannah take listeners through silly and educational tales with themes such as caring for nature and snorkeling, Spanish lessons, even hands-on creative challenges.

**Dorktales Storytime** features two kinds of storytelling that listeners can choose from: wacky retellings of classic fairytales that incorporate important life lessons, and lesser known stories about hidden heroes of history. There's Evelyn Cheesman who collected over 70,000 undiscovered species of insects and plants, and Tenzing Norgay who served as a guide on the first ascent of Mount Everest. Families can also sign up for bonus materials online.

**Aaron's World** is full of time-traveling adventure and dinosaur science as told by a kid, Aaron, who spent five years (from age six to 11) putting together this 50-episode drama. The story follows a young boy and his computer companion as they explore a prehistoric world and learn about different creatures and science topics. Each episode is self-contained, but a larger arc pulls the series together and leads listeners to an anticipated finale.

Circle Round For Storytime! This podcast from Boston's NPR station introduces kids ages four to 10 to folktales from cultures around the world, including a story about a busy bird from the Native American traditions of the Hitchiti, Cherokee, and Navajo people. Each 10- to 20-minute episode teaches kids life lessons about perseverance, generosity, and kindness; they also end with activities that inspire conversation between kids and adults.

Purple Rocket Podcast was created by a father of three who needed an outlet for the wild stories floating in his head, and who wanted to invite kids along for the ride. The result is a mix of story series, including "Grandpa's Globe," a nine-episode tale about kids who use a magic globe to explore the world (similar to Magic Treehouse books); and "Space Train," which follows Doug and friends onto a flying locomotive that takes them through the universe.

Greeking Out, by National Geographic, features original retellings of Greek mythology—with some forays into other tales from Loki and Norse origin—in a kid-friendly form. Stories of gods and goddesses, monsters, and heroes transport listeners to a different time and place. Because myths can include complex themes that might be hard to explain to a child (sacrifice, for example, or getting pregnant from eating fruit), each episode begins with an overview content so parents can decide if the story is appropriate for their child.

-https://www.coloradoparent.com



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