Chatfield High School Craft Fair

November 4th from 9 a.m. to 3 p.m. With over 70 holiday crafters plus a bake sale with silent auction, concessions and entertainment. 7227 S. Simms St., Littleton.

Columbine High School Annual Holiday Craft Fair

November 11th from 10 a.m. to 4 p.m.

Includes more than 150 vendors. Free Parking, Admission: \$2 (age 9 and under FREE). 6201 Pierce St., Littleton.

Fall has always been my favorite season.
The time when everything bursts with its last beauty, as if nature had been saving up all year for the

grand finale. - Lauren DeStefano

Denver Christmas Show

November 3-5: Friday & Saturday 9 a.m. to 7 p.m. Sunday, 10 a.m. to 5 p.m. 450 exhibitors.

- Holiday & home décor
- Arts, crafts
- One-of-a-kind gifts & Jewelry
- Specialty foods & Cooking demonstrations
- Santa Claus (each day from noon to 4 p.m.).

Admission: \$16 (online) \$17 (at the door). Kids 13 and under FREE. The show is located in Exhibit Hall A. Free parking & shuttle at Elitch Gardens (Lot A) over the weekend. Colorado Convention Center, 700 14th St., Denver.

-https://www.denverchristmasshow.com/

November 2023

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Gobble Wobble Run November 23, 2023

The Gobble Wobble Run is a family friendly 5K that has been going strong since 2010! We welcome all ages and abilities. Our race takes place at beautiful Clement Park in Littleton, Colorado every Thanksgiving morning.

Who Gobbles and Wobbles? The demographics of this event will likely be a mix of serious athletes, aspiring runners, and families. Children are welcome.

What time does the race start? Race begins at 8:30 a.m.. on Thursday, November 23, 2023 (Thanksgiving Morning).

When and where can I pick up my race packet? If you wish to avoid long lines on race day, you may pick up your packet early at Boulder Running Company located at 8116 W Bowles Ave in Littleton. Early packet pick up

will be available for those who have registered by Sunday, November 19th. Pick up will be on Monday, November 20th from 3:00-7:00 p.m., and on Tuesday, November 21st from 10:00 a.m. to 2:00 p.m. The packet includes your t-shirt, bib, and goody bag. You may pick up for friends and family members. Please bring a copy of the registration confirmation(s).

Are awards given out? Awards will be given to the top 3 male (and non-binary) finishers, the top 3 female

finishers, and the top 3 girls and top 3 boys 12 and under.

Happy

What is the address of Clement Park where the race is held? 7306 W Bowles Ave Pavillion J (near the large playground equipment)

Can I register day of? Race Day registration will be available if the 1500 participant max has not been met. Cash and VENMO only. \$45 T-shirts are available while supplies last.

Are there any discounts available for groups? If you wish to register a GROUP with a minimum of 10 participants you may do so to receive a 10% discount. All participants must be registered together by one person and paid for with one method of payment. The discount will be applied automatically upon processing your payment. No discount code is necessary.

Can I bring my dog? Yes, friendly dogs are welcome but must be on a leash.

Can I bring my child in a stroller? Strollers are welcome.

- https://runsignup.com/Race/CO/Littleton/GobbleWobbleRun

The Gift Spectacular

November 18 & 19, Saturday, noon to 8 p.m. Sunday, 11 a.m. to 5 p.m. Artisanal crafts, including intricate jewelry, beautifully knitted scarves, whimsical ceramics, stunning artwork, one-of-a-kind finds and more. Gourmet food vendors, live music holiday drinks and cocktails, as well as food trucks. Denver Sports Castle, 1000 N. Broadway, Denver.

— https://www.coloradoevents.org/giftspectacular

Fall Interior Home Upkeep

Change your furnace filter. Replace the filter in your HVAC system every month for better air quality and energy efficiency.

Schedule furnace preventative maintenance. Don't wait for a furnace breakdown. Have your HVAC pro perform an inspection and preventative maintenance to repair any issues before they become problems.

Safety check. Test smoke and carbon monoxide detectors now, before the main season for heating and fireplaces begins.

Start the humidifier. If your home is subject to dry winter air, now is the time to alleviate that. Install or start up your home's humidifier so you can breathe easier this winter.

Clean and inspect the gas heater. Gas space heaters are subject to dust and lint buildup. Vacuum debris from the burner and make sure the exhaust system is clear.

Sump pump checkup. Before the rainy/snowy season sets in, make sure your sump pump system is in good working order. Test it according to the manufacturer's directions.

Prepare the fireplace or wood stove. Clean out the firebox and check the exterior and door for gaps and air leaks. Test the damper to see that it is in good working order.

Clean the chimney. Make sure no bird or animal nests are blocking the chimney. Scrub out any buildup inside the flue to prevent a chimney fire. If the buildup is heavy, or if the chimney has not been used in a long time, hire a professional chimney sweep to clean and inspect the chimney.

Load up with firewood. If your woodshed is not full, now is the time to fill it with well-seasoned firewood. Rather than buying bundles from the grocery store, save money and support a local business by buying it locally by the truckload.

Advertising:

The deadline for advertisements is the 15th of the month for the next month's issue, except for the Jan. issue which is Dec. 6th.

To place an ad, call Colorado Lasertype, 303-979-7499
Email: getinfo@coloradolasertype.com
To find ad rates and discounts, go to
www.ColoradoLasertype.com
and click on the "Advertising Rates" link.

Appearance of an advertisement in this publication does not constitute a recommendation or endorsement by the publisher or the association of the goods or services offered therein. The opinions expressed in this newsletter are those of the individual authors and not of the Board of Directors of your association or the publisher. Neither the Board, publisher nor the authors intend to provide any professional service or opinion through this publication.

This Space Intentionally Left Blank for Teen Services



Fun and Meaningful Thanksgiving Traditions to Add to Your Holiday

Play a Board Game - Select something suitable for whole family and retire to the living room to see who will secure victory.

Hang by the Bonfire - Cap the evening off with a roaring fire in the backyard. It's the perfect place to unwind postmeal.

Start a Tournament - A little friendly competition never hurt anyone! If your family isn't into football, might we suggest a different activity, such as ping pong, to get the blood pumping? Winner gets first access to dessert!

Run a Turkey Trot - Nothing will gear you up for a big midday meal quite like a brisk 5K! Encourage the whole family sign up for this healthy morning activity, which will still leave plenty of time for feasting afterwards.

Play Some Football - Whether you're watching, attending, or playing, football is a big part of many families' Turkey Day itinerary.

Watch the Macy's Thanksgiving Day Parade - Join Tom Turkey and all of your other favorite balloon friends for one of the most American Thanksgiving traditions—the Macy's Thanksgiving Day parade! Watch performances from pop stars, marching bands, and more.

Bless the Food - Express gratitude for family, friends, and food with a meaningful Thanksgiving prayer or Thanksgiving poem. Make it a tradition to go around the table and have everyone say what they are most thankful for in 2023.

Flip Through Old Family Photos - Use old family photos as a nostalgic touch on the table and to inspire "remember when" banter. After the meal wraps up, watch old family movies or flip through photo albums for a few good laughs (and possibly tears, too).

Host a Friendsgiving - Whether on Thanksgiving Day or another time during November, celebrate your nearest and dearest friends by hosting a Friendsgiving feast. Because after all: "There are friends, there's family, and then there are friends who become family."

Set Up a Craft for the Kids - Keep the children occupied while the food is being prepared by stocking a table with Thanksgiving coloring sheets and more and the makings for a turkey-themed craft or two.

Craft DIY Placecards - Celebrate the warm spices of the season with a DIY cinnamon stick placecard holder. Simply wrap the ends of a cinnamon stick with red twine and insert a place card in its natural opening. You can use them year after year.

Go for a Post-Thanksgiving Walk - When your Thanksgiving feasting comes to an end, head outdoors to stretch your legs (and walk off all that turkey!).

Split the Wishbone - Weird as it may seem, wishbone splitting is an age-old Thanksgiving tradition.

Take a Trip to the Tree Farm - Get outside after that epic Thanksgiving dinner and kick off the Christmas season with a trip to a nearby Christmas tree farm. Major bonus points if you chop your tree down yourself!

- in part from www.countryliving.com

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Unlimited Data	\$30	\$0
Total Cost	\$154	\$89

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The Difference Between Veterans Day and Memorial Day

Both holidays were established to recognize and honor the men and women who have worn the uniform of the United States Armed Forces. Memorial Day, which is observed on the last Monday in May, was originally set aside as a day for remembering and honoring military personnel who died in the service of their country, particularly those who died in battle or as a result of wounds sustained in battle.

Veterans Day is intended to thank and honor all those who served honorably in the military – living and dead – whether in wartime or peace. In fact, Veterans Day is largely intended to thank living Veterans for their service, to acknowledge that their contributions to our national security are appreciated, and to underscore the fact that all those who served - not only those who died - have sacrificed and done their duty.

To ensure the sacrifices of America's fallen heroes are never forgotten, in December 2000 the U.S. Congress passed and the president signed into law "The National Moment of Remembrance Act," P.L. 106-579, creating the White House Commission on the National Moment of Remembrance. The commission's charter is to "encourage the people of the United States to give something back to their country, which provides them so much freedom and opportunity" by encouraging and coordinating commemorations in the United States of Memorial Day and the National Moment of Remembrance.

The National Moment of Remembrance encourages all Americans to pause wherever they are at 3 p.m. local time on Memorial Day for a two minute of silence to remember and honor those who have died in service to the nation.

On October 7, 2016, President Obama signed the Veterans Day Moment of Silence Act. The law requires that the President issue a proclamation calling on the people of the United States to observe a two minute national moment of silence on Veterans Day at 3:11 p.m. Atlantic standard time, 2:11 p.m. Eastern standard time, 1:11 p.m. Central standard time, 12:11 p.m. Mountain standard time, 11:11 a.m. Pacific standard time, 10:11 a.m. Alaska standard time, and 9:11 a.m. Hawaii-Aleutian standard time.

-https://department.va.gov/

Test Smoke And CO Alarms

With cold weather arriving and furnaces and fireplaces cranking up, this is a good time to test your smoke and carbon monoxide (CO) detectors to make sure they're functioning properly.

Press and hold the "test" button on the smoke or CO detector to make sure the alarm goes off. Replace the batteries if the alarm doesn't work, or if the batteries are more than a year old, then test again.

Be sure to write the date the battery was replaced on the battery or on a piece of tape stuck to the back of the alarm. It's also a good idea to blow out smoke and CO alarms with canned air periodically to remove dust. Also, be sure to replace any alarms that are over than 10 years.

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"Sarah & I wanted to thank you Jenell, for helping us with this cluttered world of Medicare. We really appreciate the insight & understanding you provided, we could not have done this without your help. Thank you so much!" ~ Sarah and Kevin L.

We'll explain your options so you can make an informed decision

- When and how to sign-up for Medicare? What are Parts A, B, C, D?
- No fee or obligation for an analysis specific to your situation
- How much will Medicare "cost"?
- Should you stay on your employer group plan?
- Medicare Supplements vs. Advantage plans

"I called Jenell after struggling for weeks to pick a Medicare plan. She gathered all my information, assessed my needs and narrowed down my choices to four different plans to choose from. HealthCare Benefit Services made what seemed to be an overwhelming task simple. I would highly recommend them." ~ Kevin D.

Current Medicare Members:

Annual Enrollment Period is almost here! October 15 - December 7. Don't miss this opportunity to have your plan reviewed!

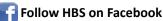
We are Medicare Specialists representing all available plans.

We represent 14 organizations which offer 113 products in the state of Colorado. You can always contact Medicare.gov, 1-800-MEDICARE, or your local State Health Insurance Program (SHIP) for help with choices.

Family owned and operated for 35 years 6638 West Ottawa Ave #120, Littleton, CO (Near Pierce and Coal Mine)

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Classified ads are \$4.00/line (about 40 characters/line). Contact Colorado Lasertype at **303-979-7499** or **getinfo@ColoradoLasertype.com** to place an ad. To view our display ad prices, visit our website at **www.ColoradoLasertype.com**. The deadline for placing a classified or display ad is the 15th of the month for the next month's issue (i.e., 15th of Sept. for Oct. issue), except the January issue, which has a deadline of December 6th. Residents placing ads to sell household items are not charged a fee.

National Family Caregivers Month

(NFCM) is a time to recognize and honor family caregivers across the country. It offers an opportunity to raise awareness of caregiving issues, educate communities, and increase support for caregivers



Throw Out Your Leftovers Day, November 29

Time to clear out your fridge! Celebrate Throw Out Your Leftovers Day with a delicious meal and get rid of any unwanted food safely.

Pumpkin Dump Cake

Putting the name aside, Pumpkin Dump Cake is a delicious twist on pumpkin pie that's perfect for fall! It's a cake on top of a pumpkin pie without the hassle of a pie crust!

Ingredients

- 1 15 oz can pumpkin puree (not pie filling)
- 1 10 oz can evaporated milk
- 3 eggs
- 1 cup brown sugar
- 3 tsp pumpkin pie spice
- 1 15.25 oz box yellow cake mix (just the dry mix)
- 1 cup butter melted (2 sticks)

Frosting glaze

- 2 cups powdered sugar
- 2 tbsp milk
- 1 tsp vanilla extract

Instructions

- 1. Mix the pumpkin, milk, eggs, sugar and pumpkin pie spice in a bowl with a whisk.
- 2. Pour the pumpkin pie filling in a greased 9x13 baking pan.
- 3. Sprinkle yellow cake mix evenly over the top.
- 4. Pour melted butter over the cake mix.
- 5. Bake at 350° for 45-50 minutes, until center is set and a toothpick comes out clean.

Frosting Glaze

Mix the powdered sugar, milk and vanilla in a bowl with a whisk until smooth. Pour over the top of the cake while it's still warm. Let it cool and harden to a sweet crackled glaze on the top.

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Kiwanis Club of Columbine

Kiwanis is a global organization of volunteers dedicated to improving the world one child and one community at a time. Our local club, the Kiwanis Club of Columbine, fulfills that mission in our community with volunteer hours on some fifty active projects and making philanthropic gifts to over twenty different organizations throughout the year.

In November we need help with Project Cure on November 27th, Columbine Hills Elementary Science Fair on November 16th, and Sharing with Sheridan Food Pantry every Thursday along with a number of other projects you can find out about in our weekly newsletter. We have something that will fit anyone's interests and expertise, and we can use your help! Details about our upcoming projects are in our weekly newsletter, contact news@columbinekiwanis.org to get added to our newsletter email distribution.

Also, join us for any of our social events in November, Kiwanis after Dark on November 14th and 28th at Old Chicago on Wadsworth and Hampden in Lakewood, 5p.m.

You do not need to join the club to participate. Anyone is welcome to participate on any project or attend any of our social events. We have a lot of fun, meet a lot of new people, and do a lot of good for our community. Visit our website at columbinekiwanis.org, or join us for a free breakfast at our weekly meeting any Wednesday at 7 a.m. at 4Gs restaurant, 5950 S Platte Canyon Rd, Littleton. We also have a bimonthly meeting at Columbine library on the second and fourth Tuesday of every month at around 12:30 p.m. For more information email kensweet@gmail.com.

Gratitude is the ability to experience life as a gift.

It liberates us from the prison of self-preoccupation.

- John Ortberg

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Enjoy your Powderhorn Newsletter!

If you have anything to contribute or any questions, please let us know.

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