# 3rd Annual Pup Strut!

Help Us Save Precious Lives! Benefits the Humane Society of The South Platte Valley. Bring your family, friends and of course your dog!

Saturday, October 14, 2023, 11 a.m.- 2 p.m.

- 1.4 Mile Walk around Johnston Reservoir
   + Food + Drinks + Entertainment + Activities
- Dog Walk gather at 11:30 am by the reservoir
- C o s t u m e Contest - gather at 12:30 pm by the Adoption RV

• Small and Senior Dog Races - following Costume C on test

(approx. 1:15 pm)

We will be located on the west side of Clement park, in the pavilions closest to the reservoir (O,P,Q). To get to those pavilions, enter the park at the library (Bowles and Long). Please do not park in the library parking lot.

Can't make it to the event but still want to help the animals? Check out our virtual ticket option and still receive a super cool Pup Strut T-shirt!

Please pass this info on to your guests!

-https://e.givesmart.com/events/xHx/

# National Consignment Day

As the seasons change and our lives evolve, so do our styles and budgets. On the first Monday in October, National Consignment Day offers a way to elevate both. The holiday celebrates consignment as the smart, sustainable way to shop, earn money, and extend the lifecycle of your items.

My favorite color is October.

-Unknown

#### October 2023

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# **Local Pumpkin Patches**

#### Anderson Farms, Erie, CO

Known as one of Colorado's longest-running corn mazes and pumpkin patches, Anderson Farms has become a northeast Colorado favorite fall attraction. Located in Erie, Anderson Farms not only boasts the biggest pumpkin patch in Colorado but also has gourd launching displays, pony rides, a playground, and a farm stand. Take a hayride to the pumpkin patch where you can choose from over 26 varieties of squash, pumpkins and gourds. And for the thrill-seekers they have Terror in the Corn where you can explore 10 acres of fear.

#### Cottonwood Farms, Lafayette, CO

Cottonwood Farms not only has a well-stocked pumpkin patch but also features a corn maze, farm animals, straw-bale maze and hayrides. This farm, which offers free admission during weekdays and \$5 on Saturday and Sunday, is a destination for both fall produce and Christmas trees from Thanksgiving to

Christmas.

#### Denver Botanic Gardens Chatfield Farms, Littleton, CO

At Denver Botanic Gardens, Chatfield Farms boasts a 10-acre pumpkin patch and an seven-acre corn maze. A mini-maze is even offered for small children to enjoy. Guests can drop their pumpkins off at the pumpkin daycare while they enjoy the rest of Chatfield Farms.

#### Rock Creek Farm, Broomfield, CO

Rock Creek Farm in Broomfield wows guests with a 100-acre pumpkin patch and six miles of corn mazes. But that isn't all: Rock Creek also has a petting zoo, pumpkin carving, straw bales and more. After a few hours of fall fun at Rock Creek, don't forget to snack on their famous caramel apples and pumpkin desserts.

#### Mile High Farms, Bennett, CO

Mile High Farms impresses guests with not just its eclectic pumpkin patch, but also the farm's two corn mazes, a petting zoo, inflatable bounce castles, hayride and even face painting. Find pumpkins in wide variety, from baking pumpkins to whimsical Cinderella pumpkins. This Bennett farm is perfect for fall family fun.

#### Miller Farms, Platteville, CO

A family-run business for generations, Miller Farms offers a pumpkin patch, petting zoo, corn maze and hayrides through 180-acres of fields where you can pick your own vegetables. Guests can also learn about the true nature of farm life with their farm tours. The Annual Fall Festival is a popular time to visit this Platteville farm.

#### Colorado Pumpkin Patch, Monument, CO

The Colorado Pumpkin Patch, a family-friendly farm, provides families with a stellar pumpkin patch, outdoor laser tag, gourd target practice, a petting zoo, mazes, and of course a hayride. This pumpkin patch recommends choosing pumpkins Oct. 1-20, ensuring that you get the best selection. Guests will not find scary activities on this farm, making it perfect for a fall family outing.

### **Pumpkin Bread**

Fire up your coziest playlist, grab your baking gear and get ready for the most incredible homemade pumpkin bread of your life. **Ingredients** 

- 1 can (15 ounces) pumpkin (not pumpkin pie mix)
- 1 2/3 cups sugar
- 2/3 cup vegetable oil
- 2 teaspoons vanilla
- 4 eggs
- 3 cups all-purpose or whole wheat flour
- 1/2 cup coarsely chopped nuts
- 1/2 cup raisins, if desired
- 2 teaspoons baking soda
- 1 teaspoon salt
- 1 teaspoon ground cinnamon
- 1/2 teaspoon baking powder
- 1/2 teaspoon ground cloves

#### **Steps**

- 1. Move oven rack to low position so that tops of pans will be in center of oven. Heat oven to 350°F. Grease bottoms only of 2 loaf pans, 8 1/2x4 1/2x2 1/2 inches, or 1 loaf pan 9x5x3 inches, with shortening.
- 2. Stir together pumpkin, sugar, oil, vanilla and eggs in large bowl. Stir in remaining ingredients. Pour into pans.
- 3.Bake 8-inch loaves 50 to 60 minutes, 9-inch loaf 1 hour 10 minutes to 1 hour 20 minutes or until toothpick inserted in center comes out clean. Cool 10 minutes. Loosen sides of loaves from pans; remove from pans and place top side up on wire rack. Cool completely, about 2 hours, before slicing.

-https://www.bettycrocker.com/

### **Advertising:**

The deadline for advertisements is the 15th of the month for the next month's issue, except for the Jan. issue which is Dec. 6th.

To place an ad, call Colorado Lasertype, 303-979-7499
Email: getinfo@coloradolasertype.com
To find ad rates and discounts, go to

www.ColoradoLasertype.com

and click on the "Advertising Rates" link.

Appearance of an advertisement in this publication does not constitute a recommendation or endorsement by the publisher or the association of the goods or services offered therein. The opinions expressed in this newsletter are those of the individual authors and not of the Board of Directors of your association or the publisher. Neither the Board, publisher nor the authors intend to provide any professional service or opinion through this publication.

# This Space Intentionally Left Blank for Teen Services



## **October Gardening Calendar**

Prepare for winter is the byword in October. In the garden world 'winter' is signaled by the first killing frost. A light freeze of 29 to 32 degrees Fahrenheit will kill very tender plants. To extend the season you can cover the most tender plants at night with a sheet or other lightweight protective covering. Be sure to remove the covering first thing in the morning. You may even successfully protect plants with a moderate freeze of 25 to 28 degrees Fahrenheit.

If your containers are moveable they can be put in a protected spot like a garage then moved back to the garden when the weather warms up. If you have room indoors cut back a favorite potted geranium to three inch stems and put it in a sunny window. It will grow and bloom before next spring when it can be brought back outside.

The first hard frost -- 24 degrees and colder signals the end of the growing season. Most herbaceous perennials will not be able to tolerate weather that cold.

#### GARDEN TO-DO LIST:

- All month prune dead, broken or diseased branches from trees and shrubs.
- Save seeds of your favorite annuals but don't expect an exact replication of your current plant. (note the picture of zinnias). Zinnia seeds saved from a Colorado State University, U.S. Department of Agriculture and El Paso County Extension Programs are available to all without discrimination dwarf plant with ivory flowers produced a wide variety of zinnias from the tall. California giants to pom-pom zinnias. All saved seeds should be stored in

- a cool dry location.
- Flowers like snapdragons, alyssum, marigolds, violas, portulaca, and cosmos are excellent re-seeders. Do not cultivate the soil around these plants if you want more of them next season.
- Plant garlic now for harvesting next summer.
- Cover asparagus and rhubarb beds with 3 to 4 inches of mulch.
- Dig up and store in a dry location tender bulbs such as cannas, dahlias and gladiolus.
- Parsley can be dug, divided and potted to grow in a sunny window indoors all winter.
- Continue to plant spring bulbs. Allium and fritillaria are two of the more unusual bulbs that do well in our area. If deer are a problem in your garden check deer resistance of bulbs before you purchase.
  - Clean, sharpen and oil tools and equipment before storing them for winter.
- Drain or blow out your irrigation system. Set up a hose system at your water spigots for important winter watering on mild days. If you make it easy to get at you're more likely to water over winter.

**Lawns:** Fertilize your lawn mid-to-late October with a winterizing fertilizer. Experts consider this the most important fertilization of the year. If your lawn looks thin, weak, or scraggly, core aeration in October will improve lawns that have thatch build up or show signs of soil compaction.

-By Eileen Tully, Colorado Master Gardener





### **Haunted Houses**

#### Slaughter Gulch, Franktown

Wander through the chilling corn maze and find your way down to Slaughter Gulch. What will be lurking around each corner and watching each step you take as you make your way through the haunted trail.

#### 13th Floor, Denver

The 13th Floor boasts over 15 years of scaring Denver and has a good reputation as one of Denver's scariest. It's open for two weekends after Halloween and is recommended for children over 11. This year's attractions include Primal Fear, Midnight Mania, and All Hallow's Eve.

#### The Frightmare Compound, Westminster

The oldest and longest-running haunted house in Denver, for the last 28 years The Frightmare Compound has been scaring the socks off Front Range residents. There are two haunted experiences featured here, both located in Westminster.

Frightmare Compound Westminster LogoFreightmare Compound – Founded in 1983 by Brad Holder, this Westminster haunted house was the first. He painstakingly crafted the compound for 16 years before falling ill. They say his body is buried deep within the haunted house, making this one of the most authentic.

Lights Out – Hosted on special nights, you and your friends are alone in the compound, lost in absolute darkness!

#### City of the Dead Asylum, Henderson

Now situated in the City of the Dead, The Asylum dubs itself as "Denver's Favorite Haunted House". It's interactive and places you into a make-believe scenario. It's not recommended for children under the age of 12. Situated north of Denver in Henderson, there are a few attractions all in one place.

Scared crazy patients inhabit The Asylum. Visitors here are welcome to roam the grounds on their own and partake in the recreational amenities. But be careful not to venture too far or chance vanishing into the void. Watch out for the delusional patients and the terrifying world in which they reside.

#### Terror In The Corn, Anderson Farms, Erie

Terror In The Corn is a 10-acre, mile-long attraction offering a terrifyingly immersive experience into a world of the unknown. You and your friends will wind your way through a massive corn field filled with your darkest fears... leading to the town of Raven's Gulch where you will make your way through its abandoned buildings and darkened streets to face the nightmares that greet you at every turn.

#### The Ritual Haunted House, Englewood

The Ritual begins inside a rickety shack, held up solely by the souls of the damned. You will be pushed through the murky swamp, carried on the tails of an equal sense of dread and wonder as you battle your way through the choking despair of a bloody cannibal's lair. If you make it out, be careful not to slip down the banks into the water where victims doomed to an eternity thrashing around the very swamps that stole their souls await to claim you as one of their own.

#### Haunted Field of Screams, Thornton

The Haunted Field of Screams is Colorado's largest scream park where terror grows fresh every year. Backing the famously haunted Riverdale Road in Thornton, Colorado, the iconic 40-acre corn field attraction will transform into an all-new scream park for the 2018 season. Four contrasting interactive haunt experiences will prey on individual's innermost fears.

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- · How much will Medicare "cost"?
- Should you stay on your employer group plan?
- Medicare Supplements vs. Advantage plans

"I called Jenell after struggling for weeks to pick a Medicare plan. She gathered all my information, assessed my needs and narrowed down my choices to four different plans to choose from. HealthCare Benefit Services made what seemed to be an overwhelming task simple. I would highly recommend them." ~ Kevin D.

### **Current Medicare Members:**

Annual Enrollment Period is almost here! October 15 - December 7. Don't miss this opportunity to have your plan reviewed!

# We are Medicare Specialists representing *all* available plans.

We represent 14 organizations which offer 113 products in the state of Colorado. You can always contact Medicare.gov, 1-800-MEDICARE, or your local State Health Insurance Program (SHIP) for help with choices.

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### 5 Tips For Fall Home Maintenance In October

1. Get your lawn ready for winter. Long-time home advice guy Bob Vila recommends using a slow-release organic fertilizer on your lawn. He says where areas get full sun, lay down between one and four pounds per 1,000 square feet of grass. In shaded areas, a little less. You'll want to aerate your lawn, as well. And then look for thinning places in your lawn to deny weed growth by applying cool weather grass seed.



- 2. Get Up-to-Date with Your Smoke Detectors. Fire Protection Week begins October 6, 2019. Are you finished with your gift shopping yet? Wait, wrong holiday. Nonetheless, this important occasion is a good reminder for you to assess your smoke detector situation in your home. Every level of your home should have one, especially kitchen areas, hallways, and every bedroom. Test your smoke detectors once a month by pressing the test button to make sure they work. If your smoke detectors are battery-operated, use the time change in spring and fall as your reminder to replace your smoke detector batteries with new batteries. And you should consider replacing the smoke alarms themselves every 8-10 years.
- **3. Fall Cleaning.** This is a dust-er-riffic opportunity for you to give your house a thorough cleaning. Open all the windows of your home and bust out your dusting arsenal. As part of your process, you'll want to dust things that don't get routine attention like ceiling fans and hard-to-get-to places around and under furniture. Include on your fall cleaning list draperies, blinds, carpets, rugs, and your windows while you're at it. Or better yet, hire someone else to do the job.
- **4. Does Your Home Exterior Look A-peel-ing?** Walk around your home and look for any damage to your home's siding, foundation, and paint. Perform touch-up work on any cracked or peeling paint you come across. Not doing so can leave your home open to potential water damage once the ice and snow show up which will surely cost you a lot more in repairs than doing some simple paint touch-up ahead of time.
- **5. Fire Up Your Fireplace.** Nothing will get you in the mood to perform fireplace maintenance faster than the first blast of Arctic air. But waiting for that is not the smart option. October is the time you'll want to get your fireplace ready for the coming winter. Repair chimney chips and cracks. Make sure door gaskets have a tight seal. And unless you want to end up looking like Dick Van Dyke from the original Mary Poppins, we'd recommend you let a professional chimney sweeper manage your soot buildup.

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### **Easy Pumpkin Soup**

This thick and creamy pumpkin soup is simple to make using canned pumpkin puree! Caramelized onion, cinnamon, nutmeg, and ginger give this fall favorite soup amazing warm flavor!

Servings: 4, Prep: 5 mins., Cook: 35 mins., Total: 40 mins.

#### **INGREDIENTS**

- 2 T. butter
- 2 large yellow onions, sliced
- 2 cloves garlic, minced
- 1 t. salt
- 1 t. cinnamon
- ½ t. nutmeg
- ½ t. ground ginger
- 2 15-oz cans pumpkin puree
- 2 C. chicken stock
- 2 C. water
- ½ C. heavy cream

#### **INSTRUCTIONS**

- 1. Melt the butter in a large pot over medium heat.
- 2. Add the sliced onions to the pan and cook, stirring occasionally until caramelized, about 15 minutes.
- 3. Add the garlic, salt, cinnamon, nutmeg, and ginger to the onions and stir constantly for one minute.
- 4. Add ¼ Cup of the chicken stock and use a wooden spoon to scrape any browned bits from the bottom of the pan.
- 5. Add the remaining chicken broth, water, and pumpkin puree and stir to combine.
- 6. Turn heat to low and simmer the soup for 20 minutes.
- 7. Turn the stove off and use a handheld immersion blender to pure the soup. Alternately, use a regular blender and pure the soup in 2-3 batches.
- 8. Stir the heavy cream into the soup, serve immediately with warm bread if desired.

# "Specializing in the Powderhorn Area"

Enjoy your Powderhorn Newsletter!

If you have anything to contribute or any questions, please let us know.

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