



2024 Neighborhood Events

The WGM social committee is planning on meeting in January to plan out neighborhood events in 2024! This year, all our events will be completely sponsor-driven, so if you're interested in sponsoring an event or joining the social committee, please email wgmboardmember5@gmail.com with your interest! And stay tuned to TownSq, Facebook, and Nextdoor for meeting and event details throughout the year!

Welcome To The Board!

The WGM Board is proud to welcome Eric Andrews to the Board! Eric joins us with years of experience in property management, and is excited to help the board navigate 2024. Eric fills a spot left vacant by the departure of Dave Anderson, former President.

WGM Board

The WGM Board has reshuffled positions. The officers and positions for 2024 are as follows:

President - Ben Warwick
Vice President - Brenda Berens
Secretary - Steve Gravlin
Treasurer - Tess Carruth
Member-at-Large - Eric Andrews

Work Harder Day, January 12

Work Harder Day is a day dedicated to encouraging individuals to push themselves to achieve their goals in a dedicated and diligent manner, with the belief that hard work is the key to success.

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Dues Increasing In 2024

After much deliberation, and approval at November's annual meeting, 2024 dues are set to go up in January. Monthly dues will now be \$60.64. Coupon books will not be sent out this year unless specifically requested. To do so, please email Donna Nicholas at donna.nicholas@associacolorado.com or call 303-292-9200. Books will cost \$13.80.

If you are set up for bill pay through your bank, you must notify your bank of the change. If you're set up for payment through TownSq, you need to check your payment settings to determine if you should update the information. If you have selected "Fixed Amount" or "Recurring Charges" in TownSq, you will need to update the monthly payment amount. If you have selected "Open Account Balance", the full balance due will pull and you won't need to update anything.

If you're set up for ACH through Associa, you don't need to take any action.



The National Western Stock Show & Rodeo

January 6–21, 2024, nationalwestern.com

Celebrate Denver's rich cowtown roots with a cherished Colorado tradition since 1906. Held every January at the National Western Complex, it's the nation's premier livestock, rodeo and horse show, serving agricultural producers and consumers throughout the world. Enjoy rodeos featuring top-notch bull riders, horse shows, livestock competitions and auctions. And don't miss acres of shopping at Colorado's largest Western trade show.

EVENT HIGHLIGHTS:

Pro rodeo rider at National Western Stock Show in Denver, Colorado20+ Pro Rodeos. Bulls and broncs, cowboys and cowgirls – rodeo's top athletes from around the country roll into Denver for the first major pro rodeo of the season. Don't miss the match-up between two and four-legged athletes, from barrel racers to mutton busters. The circuit also includes fan-favorite MLK Jr African American Heritage Rodeo.

Mexican Rodeo Extravaganza, Jan. 7, 2024. Filled with cultural pageantry, the Mexican Rodeo Extravaganza features Mexican-style bull riding, bareback riding, trick roping and Mariachis, all choreographed by Jerry Diaz, a fourth-generation champion charro.

Xtreme Dog Shows, Jan. 15 & 16, 2024. Dog lovers unite for a show full of amazing tricks, aerial stunts and comedy antics, all performed by man's best friend. Meet the stars of Xtreme Dogs at the Pat & Chat following each performance. National Western's hottest family event.

Olympics-style Horse Jumping Events, Jan 12, 2024. The National Western Stock Show hosts two prestigious horse jumping competitions, the Grand Prix and Gambler's Choice. These events combine show jumping technique and precision that require absolute cooperation and teamwork between horse and rider. These exciting events attract top equine athletes and riders from across the nation.

continued on page 2

Rodeo, *continued from front page*

NW Grounds Admission. Grab your grounds admission ticket and see everything Stock Show has to offer, like acres of shopping and over 300 free events and activities. Check out the Super Bowl of livestock shows, the NW Nursery, petting farms and pony rides. Plus the Coors Western Art gallery, stock dog competitions and mutton bustin', all free with a grounds admission ticket.

*In the New Year, never forget to thank your
past years because they enabled you to reach today!*

*Without the stairs of the past,
you cannot arrive at the future!*

—Mehmet Murat Ildan



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Westgold Meadows Homeowners Association

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O: 303-232-9200; Email: customerservice@associacolorado.com

Community Manager: Karen Culter
kculter@associacolorado.com - 303-962-1636
Assistant Community Manager: Donna Nicholas,
720-257-9272 donna.nicholas@associacolorado.com

Mailing Addresses

Payment Mail Address:

Westgold Meadows Homeowners Association Inc.
c/o Colorado Assoc Services
PO Box 94045, Las Vegas, NV, 89193-4045

Board Meeting Schedule

4th Tuesday of each month
6:00 p.m. at the Cabana, 11656 W. Cross Ave., Littleton or via Zoom

News Articles

The deadline for news articles is the 15th of the month before the next month's issue. Please email news articles to the editor at: wgmboardmember5@gmail.com. All articles must be approved by the editor for publication, or as space permits.

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How To Travel On Snow

Skiing

With over 30 ski areas to choose from in Colorado, there is truly terrain for every kind of skier and snowboarder. All levels and budgets can be accommodated. There are smaller slopes perfect for learning the craft, and big giant playgrounds that keep everyone in your group entertained for days.

Cross Country Skiing

Downhill isn't the only way to enjoy skiing in the Rocky Mountains. Nordic skiing, more often referred to as cross country skiing, is fantastic across the state. There are Nordic centers near all the favorite ski towns and resorts, plus endless miles of trails in the national forests to peruse on your own accord.

Snowshoeing

Most of the aforementioned Nordic centers in Colorado provide access to snowshoers on their multi-use trails. Many will even have snowshoe rentals available, as do many ski resorts. It's not uncommon for ski areas to allow snowshoeing on some of their cat trails (greens), or even have separate trails completely for these winter hikers.

Snowbiking

When written as one word, snowbiking technically implies no motor. A Snowbike® is a registered trademark that's used to glide down the slopes, similar to downhill skiing. You can rent snowbikes at a few places locally, and there are even some ski resorts that allow them on their chairlifts, such as Breckenridge Ski Resort. You then ride down the mountain as you would on your skis or snowboard, except your sitting down on a Snowbike®.

Snow Biking

When snow biking is written as two words, it implies it has a motor. These are sort of like snowmobiles and are used in a similar fashion. There are some snow biking competitions and you could use them in the backcountry (uphill, downhill, on the flats) the same as you would a snowmobile. This version is not a registered trademark and technically needs a space between them, snow bike, however, you still might see it improperly referred to as a snowbike with one word.

Fat Biking

These are bicycles with fat tires and thick treads that are suitable for riding on packed snow. They are becoming more popular in mountain towns, and you can often see someone riding along for fun or transportation. There are even competitions held. There are some shops in select towns that will rent you a fat bike to use for a fun day off the ski slopes.

Snowkiting

Snowkiting is very similar to kiteboarding on water. However, you'll use skis or a snowboard instead of a surfboard. It's simpler to master kiteboarding since snow supplies less friction than water. Do note that snowkiting lessons do require you already have a snow kite and harness available.

Many people attempt snowkiting on frozen lakes, such as Lake Dillon in Summit County. An advantage is that this skill can be later applied to kiteboarding on the water during the warmer, summer weather.

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Class of 2007 (Alumni, Parent & Staff)

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New Year's Resolutions for Building a Healthy, Happy Life

For many people, the start of a new year marks an opportunity to reflect on their life, and think about where they would like to be in the future. And while New Year resolutions may get a bad rap for encouraging unrealistic goals or placing pressure on us, they can also be a great starting point to prioritize your health and wellness on your own terms. That may look like embracing totally attainable goals that don't focus so much on an overhaul of your current life, but more so make room for slowly adapting new routines and habits that will make you feel great about yourself.

Starting small could look like making an effort to reset your sleep schedule and prioritizing having a bedtime. Or it may start with your home, beginning to organize one room at a time, first focusing on your closet and later getting to your kitchen. Still, it could be as simple as taking control of your thoughts and incorporating inspiring quotes and daily affirmations into your morning routine. In any case, the achievable resolutions below aim to relieve stress, minimize anxiety (not add to it) and improve your overall well-being.

Even if the path to reinventing yourself starts off a little rocky, you can always get back on track at any time throughout the year. Remember 2024 is your year, so treat yourself like it!

Here are some examples:

- Start a gratitude journal
- Make time for family
- Build a better budget
- Practice mindfulness
- Cook something new each week

- Read more books
- Create a cleaning schedule you'll stick to
- Commit to a healthier sleep routine
- Join a club
- Learn to love vegetables
- Become a plant owner
- Take the stairs

—<https://www.goodhousekeeping.com/>

Breckenridge International Snow Sculpture Championships

Breckenridge's International Snow Sculpture Championships is a world-renowned snow sculpting competition where teams from around the world descend on Breckenridge, Colorado to hand-carve 25-ton blocks of snow into enormous, intricate works of art. Artists are only allowed to use hand tools, creativity and inspiration to bring their ideas to life. No power tools allowed! Teams sculpt countless hours across five days (totaling around 94 hours), resulting in a temporary outdoor art gallery in historic downtown Breckenridge! Join us at the 2024 International Snow Sculpture Championships.

Sculpting Week: January 22-26

Viewing Week: January 26-31

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Friday Night Films

Skip the Theater and enjoy Friday Night Nature Films Fireside at South Platte Nature Center.

Nature based films are carefully chosen and include a variety of entertaining topics. All are beautifully filmed, most are award winning. Donation suggested for refreshments.

- American Eagles - 01/19/24
- Magic of the Snow Owl - 02/16/24

— <https://register.ssprd.org>

Dog Friendly Shopping

Aspen Grove stores with Dog Friendly Decal welcome you and your leashed furry shopping buddy.

When you shop with your furry pup, don't forget to share your experience and tag us when you're posting on social media. #aspengrovelovesdogs

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THINKING OF SELLING YOUR HOME?

Thinking of selling your home? Gone are the days of sticking a "For Sale" sign in the front yard, listing it in the MLS and having 20 offers to choose from in just a few short days. Getting top dollar for your home is still attainable in today's market, your home just has to ACTUALLY be worth top dollar, AND of course, you need the right Realtor!

HOW TO GET YOUR HOME MARKET READY

Small updates that pack a big punch when preparing to sell your home:

Paint – Go neutral; you want to be light and bright.

Carpet / Vinyl Plank Floors – This gives a fresh & updated look.

Lighting – Change out the old, dated chandeliers, flush mounts, and pendants. I'm happy to help.

Appliances – Home Depot and Lowes have some great appliance package deals. Even if your kitchen is dated, buyers will love that it has new appliances, and it's one less thing for them to worry about replacing. It will also make the house feel more "move-in ready."

Curb Appeal – Get that grass green and freshly mowed. A couple of pots with flowers in them on the porch are very welcoming.

Most Common items that come up on the Home Inspection:

Roof – Selling a house with a bad roof is very hard.

Furnace | Air Conditioner | Water Heater – It's imperative to have these serviced regularly. CHANGE those furnace filters!

Leaking Faucets | Plugged Drains | Running Toilets – Fix this BEFORE listing your home for sale.

Windows/Doors That Don't Shut Properly – Most buyers will not ask you to replace windows and doors but may ask for a credit. If you've invested in new windows for your home, GOOD for you, that is a HUGE selling point!

Radon – This is a common test that the buyer can choose to have done with the inspection. If results come in higher than 4 pCi/L, you bet the buyer will ask for a mitigation system to be installed OR a credit (usually around \$1,200).



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